

Unitarian Universalist Fellowship of Los Gatos



FELLOWSHIP NEWS

February 2015 No.2; published 12 months each year. Glen Marchant, Editor

Our Mission

- Provide a place where people are inspired to think about and discuss values, ethics, and the meaning of their lives
- Stimulate spiritual growth in children and adults through exposure to a wide variety of religious thought and experience
- Provide mutual support, caring and fellowship to our members
- Provide support of the larger community through service and social action
- Appreciate and honor our connectedness with all living things

February 2015 Sunday Services at 10:30

Theme for February - Abundance!

Feb 1: “Inviting Brigid to Imbolg”

Rev. Fa Jun

Brigid is an ancient Celtic goddess of many things, and healing is first among them. Her festival, Imbolg, falls at the time many of our ancestors would be enduring the deepest heart of winter. In ancient times, the goddess would be invited in, to bring the gift of her warmth, wisdom, and healing into dark times.

Our world is in what look like dark times now too. Just like the ancient Celts, can invite the force of healing and wisdom into our lives to carry us through until the light shines again. Join us to invoke the power of healing and light, and empower ourselves to carry light out into our world. As a community, we can light the sacred fire of wisdom that helps us to warm the world.

Feb 8: “Abundance, Gaia, and the Story of “Us” ”

Rev. Fa Jun

As a world, we currently produce enough food to feed everyone on the planet. As generators of information and knowledge, our scope is theoretically infinite. We live on a planet of vast potential - so much so, that some theorize that the planet herself may be a sentient organism. When we live in harmony together, abundance grows for us all, and we can share the common-wealth that has been given us by providence.

When we fail to consider each other, or live as if we are all in it together, all of us suffer. As a world culture, we hold stories of entitlement, meaning, and worth that can determine whether we will treat our planet and each other sustainably. Our myths of what abundance means can lead us to act in adaptive or maladaptive ways. This morning we will work to untangle these myths from our subconscious, and together write a story that involves a happy ending for us all.

Feb 15: “The Richness of Simplicity, a Lenten Meditation”

Rev. Fa Jun

In America, some of the poorest people are richer than many of the rich were just a few hundred years ago. Even with this great abundance, many of us feel unsatisfied. We feel that something is missing, some hole that cannot be filled by more information, more gadgets, more friends, or more food.

The time of Lent has always been a time to go within, so search for the abundance we wish for through connection to a Divine Force. Whatever “spirit” means to you, this is a time to come into contact with it. Join us to sink into meditation, prayer, and inner simplicity - a place of satisfaction that can feed our deepest needs.

Feb. 22: A Friends Meeting

Lynn Golbetz

Like the Unitarians and Universalists, the Society of Friends (Quakers) is a small denomination that has been a strong force for social change, working especially for justice, equality, and peace. We will look at the views and contributions of the Friends and sample the Quaker tradition of silent worship. The sermon will be a brief discussion of Quaker ideas, followed by a longer time of sitting in silent community. Anyone who feels moved by the Spirit (however defined) may rise and speak. In our remorselessly talkative world, silent openness can lead to amazing insight.

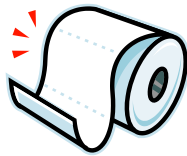
“Survival Sack” Drive in February

From Feb. 1-15, UUFLG will be collecting personal hygiene items, socks, and underwear for the “Survival Sacks” and smaller “hygiene bags” that Sacred Heart Community Service distributes to the homeless. Students in our elementary and middle school classes will pack the sacks on Sunday, Feb. 22.

The Survival Sacks are backpacks containing 3 months of supplies; Sacred Heart distributes about 100 of these each month. Because underwear and socks are included, “men’s” and “women’s” sacks are packed.

Items needed for one sack are:

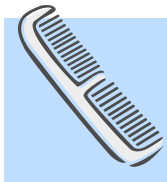
- 1 rain poncho
- 1 small blanket
- 2 pairs of underwear (most needed: men’s L and XL)
- 2 pairs of socks (for men or women)
- 1 small first aid kit
- 1 washcloth
- 1 bar of soap (3 oz.)
- toothbrush and full-size tube of toothpaste
- deodorant (3.5 oz. size)
- shampoo
- comb
- razor
- 2 rolls toilet paper



The “Hygiene Kits” are small bags of hygiene items that are available at Sacred Heart on an ongoing basis to those in need. All items for these kits should be small “travel” or “hotel amenity” size in order to fit into a gallon-sized ziplock bag.

Needed items are:

- toothbrush
- toothpaste
- shampoo
- conditioner
- body wash and/or soap
- comb
- deodorant
- hand lotion
- razor
- tissue pack
- mouthwash
- washcloth



Cash/check donations are also welcome, and will be used to purchase the backpacks needed, as well as any items in short supply. With your help, we hope to fill 15 backpacks and 15 hygiene bags on Feb. 22!

*Thank you for wearing your name tag on Sunday mornings,
and for parking on the street when possible to make room for our newcomers.*

SoulCollage®

Join Kathryn Harper on Saturday, February 21, from 9:30 a.m.-1:30 p.m. and delve into creativity!

SoulCollage® is a fun, relaxing way to play with images and explore new avenues for inner wisdom and discovery. All supplies are provided. A donation of \$10-15 is appreciated to offset the cost of supplies, but no one is turned away for lack of funds. Class size is limited to 12.

Please email kathryn@pobox.com by February 14 if you plan to attend.

UUFLG birthdays

Feb.

- 5 - Dean Chacon
- 9 - Edna Windes
- 11 - Dave Kiebert
- 12 - Alison Levy
- 13 - Katie Rall
- 14 - Jeff Warner
- 18 - Ann W. Justice
- 18 - Pauline Stonehill
- 24 - Pamela Robinson





INTERESTED IN WHAT THE BOARD IS UP TO? The Board minutes are listed under “Administration” on the right hand side of the home page of our website www.UUFLG.org.

HAVE SOMETHING TO SAY TO THE BOARD? A guest commentary time for members can be made available at the beginning of each monthly Board of Trustees meeting. Contact Jim Beebe (jebeebe1102@yahoo.com) for more information.

Items for the monthly newsletter are to be submitted (by the **20th** of the month) to **Glen Marchant** at: UUFLGnews@att.net. Please submit articles and e-mail attachments as **single spaced MS Word documents, .rtf** (Rich Text format), or **plain text**, and limit to less than 200 words. The purpose of this newsletter is to foster communication and planning among friends and members. However, due to the size constraints of the printing, we regretfully cannot print opinion pieces.

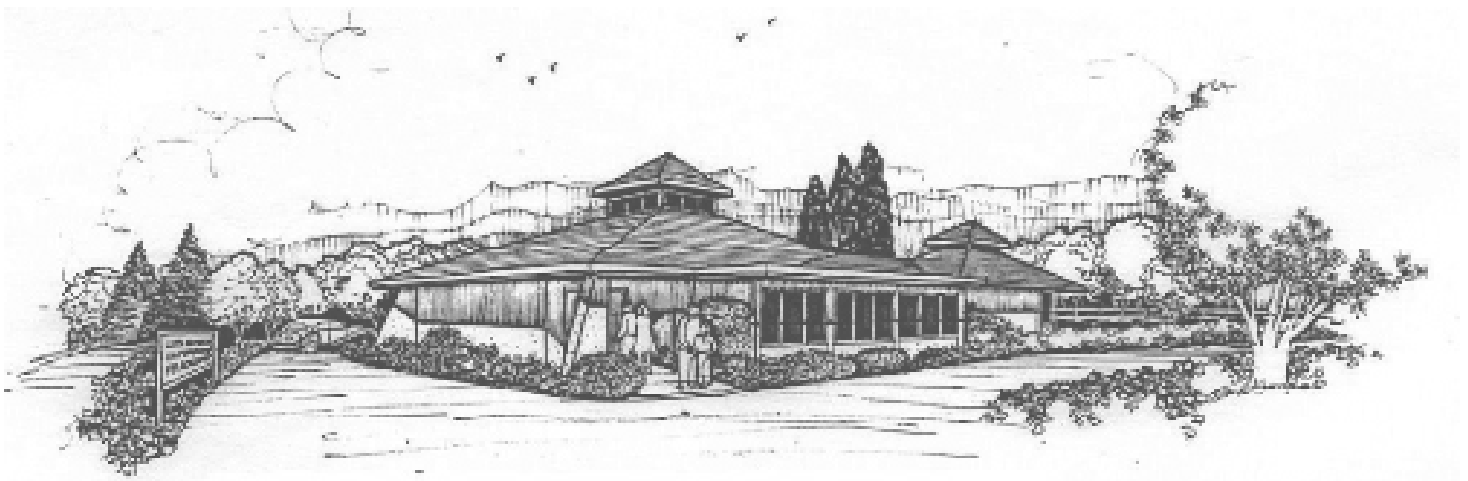
February 2015

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 9:30a - 10:00a Morning Meditation 10:15a - 11:30p Children's Religious Education Classes 10:30a - 11:30a Sunday Service 12:00p - 1:15p Social Action Team 12:00p - 2:00p Rev. Fa Jun Office Hrs (by Appt)	2 6:30p - 8:00p Women's Spirituality Group	3 Tuesday Chalice Circle 10:30a-12:30p "So and Sew"	4 5:00p - 6:00p Farmigo Food Pickup	5 11:00a - 12:30p Finance Committee Meeting 12:00p - 1:30p, Retired UU Men's Lunch	6 5:00p - 8:00p Soup Supper	7
8 9:00a - 10:15a Lifetime Learning Committee 9:30a - 10:00a Morning Meditation 10:15a - 11:30p Children's Religious Education Classes 10:30a - 11:30a Sunday Service 2:00p - 4:00p Rev. Fa Jun Off. Hrs (by Appt)	9 7:30p - 9:00p Great Books Discussion	10	11 5:00p - 6:00p Farmigo Food Pickup	12 9:45a - 12:00p Thursday Morning Women's Group	13	14
15 9:30a - 10:00a Morning Meditation 10:15a - 11:30p Children's Religious Education Classes 10:30a - 11:30a Sunday Service 12:00p - 1:30p Membership Comm. 12:00p - 2:00p Rev. Fa Jun Office Hrs (by Appt)	16 6:30p - 8:00p Women's Spirituality Group	17 10:00a - 11:30a Tuesday Chalice Circle 10:30a-12:30p "So and Sew"	18 5:00p - 6:00p Farmigo Food Pickup	19 12:00p - 1:30p Retired UU Men's Lunch 7:00p - 8:15p Board of Trustees Meeting	20	21 9:30a - 1:30p SoulCollage®
22 10:15a - 11:30p Children's Rel.Ed. Classes 10:30a - 11:30a Sunday Service	23	24	25 5:00p - 6:00p Farmigo Food Pickup	26	27	28 9:00a - 12:00p Bldg/Grnds Work Party

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*“Affirming the Inherent Worth and
Dignity of Every Person”*



Fellowship News

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The Newsletter is published monthly by the Unitarian Universalist Fellowship of Los Gatos (UUFLG). The Newsletter is available to everyone on the web at www.uuflg.org. Members may elect to receive a printed copy. If you would like to be added to our email list to receive our monthly newsletter, please call or email our administrator: admin@uuflg.org or 408-358-1212.