

# Unitarian Universalist Fellowship of Los Gatos



# FELLOWSHIP NEWS

May 2015 No.5; published 12 months each year. Glen Marchant, Editor

## Our Mission

- Provide a place where people are inspired to think about and discuss values, ethics, and the meaning of their lives
- Stimulate spiritual growth in children and adults through exposure to a wide variety of religious thought and experience
- Provide mutual support, caring and fellowship to our members
- Provide support of the larger community through service and social action
- Appreciate and honor our connectedness with all living things

## May 2015

Sunday Services at 10:30

### May 3: “To Nourish a Life - on the village it takes to raise each of us”

Rev. Fa Jun

None of us exist in a vacuum, in fact, human affection is a fundamental nutrient. We are truly all connected, though the myth of the nuclear family may make it seem like we are islands. Come discover the web of interconnections that of which you are a part, and discover new ways to strengthen the community you grow within. Learn the ancient Buddhist meditation called “mother recognition” to generate greater compassion than you’ve known before.

### May 10: “Honoring the Mothers”

Rev Fa Jun

Join us for our celebration of Mothers’ Day! Sometimes derogated to the status of a “Hallmark Holiday,” Mothers’ day actually falls near the ancient celebration of Beltaine, when the Earth begins to come into her full fertility each year. We will celebrate the mothers who join us, as well as the great Mother within and all around each of us.

### May 17: “Mother of God: Learning from Mary”

Christy Baker

One of the most well-known mothers of all time and revered as Goddess, Queen of Heaven, intercessory to God or great helper and Jewish mother, Mary’s appeal transcends denominations, speaking to what longs for nurture and compassion in each of us and can serve as a spiritual guide.

### May 24: “Mother Culture, and our Memetic Inheritance”

Rev. Fa Jun

Memetics is like Genetics of the mind. Elements of our culture are “transmitted” to us below the level of our consciousness. What secret lessons has “mother culture” been whispering to you, and are they messages that you agree with? In this morning’s service, we will explore the unconscious assumptions that our cultures of origin promote, and disentangle ourselves from those which no longer serve.

### May 31: “4 Kinds of Mothering - a lesson from the yoginis”

Rev. Fa Jun

The ancient path of yoga holds compassion as the highest ideal, but there are many different kinds of compassion. The path of the compassionate warrior proposes that one with the compassion of a mother is sometimes sweet, sometimes generous, sometimes powerful, and sometimes wrathful. How can each of these ways of mothering be useful to those we care for, and to ourselves - and how do we find a balance between them. Upgrade your inner mother and learn to give love more deeply.

**Compassionate Communication:  
for family, friends, and couples  
Rev. Fa Jun**

May 15th, 7-9 pm

making CRUCIAL requests

How often do the "issues" we have with others feel so emotionally overwhelming that most of our attempts to talk it out with them end up as arguments?

One group of teachers calls what you need to have a "crucial conversation" - a conversation about something intense and important, but which need special care.

Tonight's class will focus on the techniques by which you can execute a conversation like this, without slipping into patterns that are likely to put you or your friend on the defense.

**Alert! The Fellowship Auction is coming  
June 20**

Your job this month is to scratch your heads and come up with great ideas for the services you will offer for auction to our members and friends, because this year we are holding a services only auction – no trinkets, no heirlooms, no clothing, no toys – maybe a few choice pieces of artwork could be included.

Services can be any kind of service or experience that others might enjoy or need. Past offerings have included rides to the airport, consulting in your field of expertise, babysitting, tickets to events, massage, pies, play readings, photo restoration, and the always-popular DINNERS! of all sorts.

Our event on June 20 will feature a bodacious barbecue dinner on the deck at the Fellowship, the barbecuing provided by our talented barbecue enthusiast Alan Martin.

Please contact Ann Campbell (annbcampbell@gmail.com) with information about the services you wish to offer or if you'd like to help with the event in any way.



**Save the Date: Park and Trail Cleanup  
Saturday , May 16, 9 am to Noon**

Join the team from UUFLG who will be helping to clean Vasona Lake County Park and the Los Gatos Creek Trail as part of National River Day on May 16.

This is a great family service activity (children must be accompanied by an adult). Volunteers should wear long pants, closed shoes with socks (no sandals), a hat, and sunscreen, and bring a refillable water bottle. Snacks, gloves, and trash bags will be provided.

Volunteers should meet at 9:00 am at the chain-link fence on Garden Hill Drive opposite Vasona Dam. Parking will be available nearby. (Access Garden Hill Drive from Lark Ave. near Highway 17, as there is a locked gate blocking access from Vasona Park. Cleanup organizer suggests using 283 Garden Hill Drive, Los Gatos, as a Mapquest site location.)

Sign-up sheet, volunteer information, and waiver forms will be in the UUFLG lobby. If questions, contact Ellen Hill (408-371-5776) or ellen\_hill@att.net.



*Thank you for wearing your name tag on Sunday mornings,  
and for parking on the street when possible to make room for our newcomers.*

## SoulCollage®

Join Kathryn Harper on Saturday, May 9, from 9:30 a.m.-1:30 p.m. and delve into creativity! SoulCollage® is a fun, relaxing way to play with images and explore new avenues for inner wisdom and discovery. All supplies are provided.

A donation of \$10-15 is appreciated to offset the cost of supplies, but no one is turned away for lack of funds. Class size is limited to 12. Please email [kathryn@pobox.com](mailto:kathryn@pobox.com) by May 5 if you plan to attend.



## UUFLG Birthdays

### May

- 2 - Joe Fitch
- 4 - Glen Marchant
- 18 - Marilyn Buelteman
- 19 - Lynn Golbetz
- 20 - Jim Stahl
- 22 - Richard G. de Thorpe
- 23 - Mary Hoover
- 25 - Audrey Freeman
- 26 - Colleen Hamilton

## Caring Committee

The next meeting of the caring committee will be on Wednesday May 6 at 10:30 a.m., and all are welcome.

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**INTERESTED IN WHAT THE BOARD IS UP TO?** The Board minutes are listed under “Administration” on the right hand side of the home page of our website [www.UUFLG.org](http://www.UUFLG.org).

**HAVE SOMETHING TO SAY TO THE BOARD?** A guest commentary time for members can be made available at the beginning of each monthly Board of Trustees meeting. Contact Jim Beebe ([jebeebe1102@yahoo.com](mailto:jebeebe1102@yahoo.com)) for more information.

Items for the monthly newsletter are to be submitted (by the **20th** of the month) to **Glen Marchant** at: [UUFLGnews@att.net](mailto:UUFLGnews@att.net). Please submit articles and e-mail attachments as **single spaced MS Word documents, .rtf** (Rich Text format), or **plain text**, and limit to less than 200 words. The purpose of this newsletter is to foster communication and planning among friends and members. However, due to the size constraints of the printing, we regretfully cannot print opinion pieces.



**MAY 2015**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<b>1</b>	<b>2</b>
					4:00p - 6:00p Rev. Fa Jun Office Hrs (by appt)	
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
9:00a - 10:15a Lifespan Learning 9:30a - 10:00a Morning Meditation 10:30a - 11:30a Sunday Service 12:00p - 1:15p Social Action Team 2:00p - 4:00p Rev. Fa Jun Off. Hrs (by Appt)	6:30p - 8:00p Women's Spirituality Group	10:00a - 11:30a Tuesday Chalice Circle 10:30a-12:30p "So and Sew"	10:30a - 11:30a Caring Committee 5:00p - 6:00p Farmigo Food Pickup 6:30p -	10:30a - 11:30a Finance Committee Meeting 12:00p - 1:30p, Retired UU Men's Lunch	4:00p - 6:00p Rev. Fa Jun Office Hrs (by appt)	9:30a - 1:30p SoulCollage®
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
9:30a - 10:00a Morning Meditation 10:15a - 11:30p Children's Religious Education Classes 10:30a - 11:30a Sunday Service 12:00p - 1:30p Membership Comm.	7:30p - 9:30p Great Books Discussion	7:00p - 8:30p Sunday Services Committee	5:00p - 6:00p Farmigo Food Pickup	9:45a - 12:00p Thursday Morning Women's Group	4:00p - 6:00p Rev. Fa Jun Office Hrs (by appt) 7:00p - 9:00p Compassionate Communication	9:00a - 12:00p Park and Trail Cleanup - Vasona Lake
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
10:15a - 11:30p Children's Rel.Ed. Classes 10:30a - 11:30a Sunday Service 12:00p - 1:15p Membership Committee	6:30p - 8:00p Women's Spirituality Group	10:00a - 11:30a Tuesday Chalice Circle 10:30a-12:30p "So and Sew"	5:00p - 6:00p Farmigo Food Pickup	12:00p - 1:30p Retired UU Men's Lunch 7:00p - 8:15p Board of Trustees Meeting		
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>27</b>	<b>29</b>	<b>30</b>
9:30a - 10:00a Morning Meditation 10:15a - 11:30p Children's Religious Education Classes 10:30a - 11:30a Sunday Service 12:00p - 1:30p Annual UUFLG Business Meeting			5:00p - 6:00p Farmigo Food Pickup			9:00a - 12:00p Bldg/ Grnds Work Party
<b>31</b>						
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**Unitarian Universalist Fellowship of Los Gatos**  
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*“Affirming the Inherent Worth and  
Dignity of Every Person”*



**Fellowship News**

**May 2015**

The Newsletter is published monthly by the Unitarian Universalist Fellowship of Los Gatos (UUFLG). The Newsletter is available to everyone on the web at [www.uuflg.org](http://www.uuflg.org). Members may elect to receive a printed copy. If you would like to be added to our email list to receive our monthly newsletter, please call or email our administrator: [admin@uuflg.org](mailto:admin@uuflg.org) or 408-358-1212.