



# **FELLOWSHIP NEWS**

February 2016 No.2; published 12 months each year. Glen Marchant, Editor

## **Our Mission**

- Provide a place where people are inspired to think about and discuss values, ethics, and the meaning of their lives
- Stimulate spiritual growth in children and adults through exposure to a wide variety of religious thought and experience
- Provide mutual support, caring and fellowship to our members
- Provide support of the larger community through service and social action
- Appreciate and honor our connectedness with all living things

## **February 2016**

**Sunday Services at 10:30**

### **Theme: New Perspectives**

#### **Feb 7: “Resolutions Revisited”**

Rev. Fa Jun

The Chinese ‘Spring Festival’ of the Lunar New Year can be a time of cleaning up the old and bringing in the new. In the West, we often do this through the practice of New Years resolutions. Entering the month of February can be a great moment to take a look at how we’re doing with the changes we wished to make in our selves and in our lives.

This morning, we’ll explore a few proven ways of creating the sustainable change we crave.

#### **Feb. 14: “Seeing the World Through Two Sets of Eyes”**

Shannon Bros

Shannon Bros underwent sexual reassignment surgery many years ago and will talk about her story and her view of what it means to be transgendered. “For most of us who have taken this path, the reality of being transgendered is not the Caitlyn Jenner version. Our main focus is to try to understand the world from a very different perspective and, why in the world, we need to be in a life that requires a longer wait for the restroom”. Shannon will share with us some of the difficult challenges and some of the great joys that she has experienced.

#### **Feb 21: “Valentine’s Day Revisited - and the one secret to loving relationships”**

Rev. Fa Jun

How many of us have gotten tired of manufactured holidays, but still wish for the affirmations of love and affection that come with them? Perhaps we are craving something deeper? Perhaps we are looking for some essence that is not touched by the superficial gestures.

Our familial and cultural rituals can become a stand-in for true emotional intimacy, without which our relationships slowly starve.

Join us this Sunday to learn the one true secret to revitalizing deep intimacy between yourself and your partner, other loved ones, and the world!

#### **Feb 28: “The War on Aggression (and other paradoxical dilemmas)”**

Rev. Fa Jun

The ‘War on Terror’, the ‘War on Drugs’, and the ‘War on Poverty’ have proven to be tremendous failures - perhaps even producing more of the behavior they are fighting against.

What makes war and violence so attractive, even though its effectiveness is questionable? What makes people respond more to the violent metaphors used for new cancer drugs, and ignore the proven lifestyle changes that can tremendously reduce ones cancer risk?

If we would forward the goals of peace, abundance, and health in the world that humanists prize, we must learn more about why our brains seem to love violence.

...and, what to do about it!

## “Survival Sack” Drive in February

From Feb. 7-21, UUFLG will be collecting personal hygiene items, socks, and underwear for the “Survival Sacks” and smaller “hygiene bags” that Sacred Heart Community Service distributes to the homeless. Students in our elementary and middle school classes will pack the sacks on Sunday, February 28.

**The Survival Sacks** are backpacks containing 3 months of supplies; Sacred Heart distributes about 100 of these each month. Because underwear and socks are included, “men’s” and “women’s” sacks are packed.

Items needed for one sack are:

- 1 rain poncho
- 1 small blanket
- 2 pairs of underwear  
(most needed: men’s L and XL)
- 2 pairs of socks (for men or women)
- 1 small first aid kit
- 1 washcloth
- 1 bar of soap (3 oz.)
- toothbrush and full-size tube of toothpaste
- deodorant (3.5 oz. size)
- shampoo
- comb
- razor
- 2 rolls toilet paper

### All-Ages Potluck

Saturday, February 6, 5:00 to 8:00

On Super Bowl Eve, get ready for game day with game night at UUFLG! Bring a dish to share at the fellowship. After we eat, we’ll play! All ages welcome! Feel free to bring your favorite board or parlor game with you.

**The “Hygiene Kits”** are small bags of hygiene items that are available at Sacred Heart on an ongoing basis to those in need. All items for these kits should be small “travel” or “hotel amenity” size in order to fit into a gallon-sized ziplock bag. Needed items are:

- toothbrush
- toothpaste
- shampoo
- conditioner
- body wash and/or soap
- comb
- deodorant
- hand lotion
- razor
- tissue pack
- mouthwash
- washcloth

Cash/check donations are also welcome, and will be used to purchase the backpacks needed, as well as any items in short supply. With your help, we hope to fill 15 backpacks and 15 hygiene bags on Feb. 28!

### UUFLG birthdays

Feb.

- 5 - Dean Chacon
- 6 - Daniel Rees
- 9 - Edna Windes
- 9 - Rori Zimmerman
- 11 - Dave Kiebert
- 12 - Monica Hege
- 13 - Katie Rall
- 14 - Jeff Warner
- 18 - Pauline Stonehill
- 24 - Pamela Robinson
- 22 - Edy Young



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**INTERESTED IN WHAT THE BOARD IS UP TO?** The Board minutes are listed under “Administration” on the right hand side of the home page of our website [www.UUFLG.org](http://www.UUFLG.org).

**HAVE SOMETHING TO SAY TO THE BOARD?** A guest commentary time for members can be made available at the beginning of each monthly Board of Trustees meeting. Contact Jim Beebe ([jebebe1102@yahoo.com](mailto:jebebe1102@yahoo.com)) for more information.

Items for the monthly newsletter are to be submitted (by the **20th** of the month) to **Glen Marchant** at: [UUFLGnews@att.net](mailto:UUFLGnews@att.net). Please submit articles and e-mail attachments as **single spaced MS Word documents, .rtf** (Rich Text format), or **plain text**, and limit to less than 200 words. The purpose of this newsletter is to foster communication and planning among friends and members. However, due to the size constraints of the printing, we regretfully cannot print opinion pieces.

*Thank you for wearing your name tag on Sunday mornings,  
and for parking on the street when possible to make room for our newcomers.*

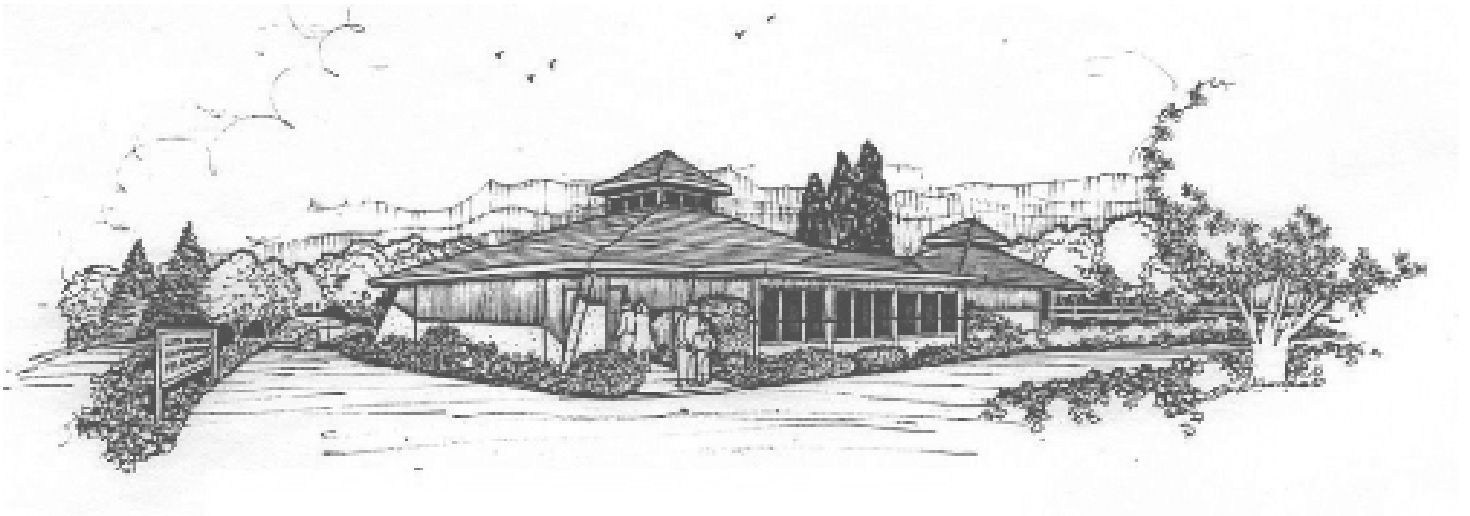
# February 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1	2	3	4	5	6
1015-1130a Children's Religious Education (RE) 1030-1130a Sunday Service	630-8p Women's Spirituality Group	10-1130a Chalice Circle 1030a-1230p "So and Sew"		12-130p Retired UU Men's Lunch	2-4p Memoir Writing Group	5-8p All-Ages Potluck "Game Night"
7	8	9	10	11	12	13
9-1015a Lifespan Learning Cmte 930-10a Morning Meditation 1015-1130a Children's RE 1030-1130a Sunday Service Survival Sack Drive (2/7-2/21)	730-930p Great Books Discussion	7-830p Sunday Services Committee		945a-12p Morning Women's Group 1030a-12p Finance Committee	2-4p Memoir Writing Group	
14	15	16	17	18	19	20
9-1015a Social Action Cmte 1015-1130a Children's RE 1030-1130a Sunday Service Survival Sack Drive (2/7-2/21)	630-8p Women's Spirituality Group	10-1130a Chalice Circle 1030a-1230p "So and Sew"		12-130p Retired UU Men's Lunch 7-830p Board of Trustees	2-4p Memoir Writing Group	9a-Noon Building & Grounds Work Party
21	22	23	24	25	26	27
930-10a Morning Meditation 1015-1130a Children's RE 1030-1130a Sunday Service 12-115p Membership Cmte Survival Sack Drive (2/7-2/21)					2-4p Memoir Writing Group	2p Memorial Service for Jim Stahl
28	29	1	2	3	4	5
930-10a Morning Meditation 1015-1130a Children's RE (Survival Sack Assembly) 1030-1130a Sunday Service		10-1130a Chalice Circle 1030a-1230p "So and Sew"		12-130p Retired UU Men's Lu	2-4p Memoir Writing Group	

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*“Affirming the Inherent Worth and  
Dignity of Every Person”*



**Fellowship News**

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The Newsletter is published monthly by the Unitarian Universalist Fellowship of Los Gatos (UUFLG). The Newsletter is available to everyone on the web at [www.uuflg.org](http://www.uuflg.org). Members may elect to receive a printed copy. If you would like to be added to our email list to receive our monthly newsletter, please call or email our administrator: [admin@uuflg.org](mailto:admin@uuflg.org) or 408-358-1212.