



# Unitarian Universalist Fellowship of Los Gatos

Sunday, April 30, 2017

Rev. Fa Jun, Minister  
Lynn Golbetz, Worship Associate  
Dave Coldren, Music

*We welcome everyone into our community, without regard to race, gender, age, color, national origin, ethnic background, socio-economic status, marital status, disability, sexual orientation or gender identity.*

Thank you for turning off your cell phone. Headphones are available for the hearing impaired. Ask the Sound Technician.

## Order of Service

Musical Prelude

Welcoming Hymn #1009 – “Meditation On Breathing”

Welcome

Opening Words & Chalice Lighting

Hymn #1013 – “Open My Heart”

Announcements

Candles of Joys & Concerns

Hymn #1011 – “Return Again”

Offertory

Sermon “May the Fourth Be With You”

Closing Hymn #137 – “We Utter Our Cry”

Sung Benediction – “Joy, Love, Peace In Our Hearts”

**MAY THE  
FORCE  
BE WITH  
YOU**



*Thank you for sharing our service today.  
Join us for refreshments and conversation.*



## Our Sunday Volunteers...

Greeters – Maggi & Merritt Benson  
Sound Technician – Kendra Hershey  
Children's RE – Cindy Giesing  
Beverages Setup – Jim Beebe  
Snacks – Ellen Hill, Robb Stolberg | Social Hour Cleanup – Ellen Hill

# Thank You!

## How to Meditate - All about the Chakras. Part 2!

**Sun., 4/30, 12:30-2:30 pm** – This month's meditation class will continue our exploration of the ancient symbolic system known as the chakras. Specifically, we will explore breathing and visualization patterns that can allow one to easily switch states of mind, as well as cultivate deep meditation ability over the long term. This class is appropriate for all levels of meditators, and will include all you ever wanted to know about the chakras, but were afraid to ask!

**Cinco de Mayo Dinner Fri., 5/5, 6-9 pm** – The Fifth of May celebrates an unlikely victory in Mexico over the French in the 1800s, but the celebration of Cinco de Mayo is an opportunity to learn about, and rejoice in Mexican culture. We will come together and celebrate all the great gifts the world has received from Mexico. In the spirit of victory, we will educate ourselves about our Green Sanctuary program and ways we can heal and protect our Earth. In this spirit, the delicious food and beverages we enjoy will be from regenerative and sustainable sources. RSVP required to Rev. Fa Jun. Open to All. \$15 donation.

## Our Mission

- ✿ provide a place where people are *inspired* to think about and discuss values, ethics and the meaning of their lives.
- ✿ stimulate spiritual *growth* in children and adults through exposure to a wide variety of religious thought and experience.
- ✿ provide mutual support, *caring* and fellowship to our members.
- ✿ support the larger community through service and *social action*.
- ✿ appreciate and honor our *connectedness* with all living things.