



# FELLOWSHIP NEWS

The Monthly Newsletter of the Unitarian Universalist Fellowship of Los Gatos

our mission

think about our lives grow spiritually care for each other act to make a better place honor how all things connect

**May 2019**

Sunday Services at 10:30 am

## The Mother

### May 5 – “In Praise of the Great Mother”

Throughout history, earth’s cultures have honored the Goddess in the form of the Great Mother. In today’s service, we’ll explore how to invoke Her power from both within and without. When we need regeneration, when we need nurturance, when we need connection, and yes, when we need protective wrath, the Great Mother is our ally. Join us for a cross-cultural exploration of Her power and practices. –Rev. Fa Jun

### May 12 – Spiritual Cafe: Mothers

In the matters of mothers, our culture swings from the saccharine sentimentality of Mother's Day to laying blame for every shortcoming imaginable at the maternal feet. Everyone has a mother; we are the same in this. But the story of every mother and child is different. Some stories have a great deal of turbulence in them, though every story is a story of gifts. What is your story? We will explore this topic in small group discussions. This will be a lay led service.

### May 19 – “Heal Trauma, Heal the World”

It has been said that, “hurt people are the ones who hurt people,” and many have found that it is true. In the esoteric aspects of many religions it is taught that our real nature is open, loving, and playful, and it is only because we are suffering (i.e. “traumatized”) that we become selfish, rigid, or harmful. More and more, our world is becoming “trauma-informed” as to how healing these wounds of the mind and heart can untangle the knots of our most toxic and painful patterns, both personally and socially. –Rev. Fa Jun

### May 26 – “The Limits of Life-hacking: A Daoist Exploration”

We live in the age of the hacker. Whatever it is, someone can find a way to do it faster, cheaper, more efficiently! But has this brought us any real happiness? Where is the atomic age that was predicted where our machine-based society brought us all more leisure and ease? The ancient practitioners of the Dao had a lot to say about “usefulness” and “efficiency”. This morning, we’ll learn a small portion of what it was. –Rev. Fa Jun

## *Annual Business Meeting*

**Sunday, May 19, 12:30 pm**

At the Fellowship’s annual business meeting, members will be electing next year’s board and Nominating Committee and voting on the 2019/20 budget. Ballot materials and supporting information will be mailed out in advance; if you would like to see the slate of candidates and/or budget earlier, please contact Lynn Golbetz, [lynngolbetz@comcast.net](mailto:lynngolbetz@comcast.net). If you are a member, your attendance will be much appreciated, especially by the folks who will need to make sure we have a quorum for the votes.

Unitarian Universalist Fellowship of Los Gatos  
*Open Minds, Loving Hearts, Serving Hands*



# Cuatro de Mayo Annual Auction

**Saturday, May 4**

**Doors Open 5:30 pm**

Come celebrate UUFLG's Cuatro de Mayo Annual Auction. Enjoy a **Mexican** theme in honor of Cinco de Mayo the next day! The Auction is the biggest fundraiser of the year, and it requires **your** participation. We need items for the live auction, silent auction, and raffle.

Can you host a brunch, a lunch, a dinner, a margarita party, a wine and cheese gathering? Can you **UUber** a congregant to the airport, a doctor's appointment, a shopping trip or even an afternoon ride to a movie? Can you provide a meal, a pie, a pot of soup or even offer to do a brunch, lunch or dinner at someone else's home? Do you have a **vacation** home you could offer for a weekend getaway? Can you lead a hike, coach a little one in a sport or provide an evening of babysitting? There are so many ways to contribute. Use your **imagination!**

You can enter donations directly on a **spreadsheet** at [https://docs.google.com/spreadsheets/d/1mFZFKj7gQd\\_DJIJLiIiVI-oBVtpAHSXZ06q8yVsgXvo/edit#gid=0](https://docs.google.com/spreadsheets/d/1mFZFKj7gQd_DJIJLiIiVI-oBVtpAHSXZ06q8yVsgXvo/edit#gid=0). Or talk to one of us.

We also need **solicitors** to visit merchants around town for donations. If you are interested, give us a call and we will provide an introductory letter to present.

Don your **fiesta** wear and make this a memorable event!

**Ann Campbell Robb Stolberg**

**Donna Brewer Rick Roberts Laurie Roberts**



## Update from the Board

Greetings, beloved community! Here is a quick update on some of the things your UUFLG governing board has been discussing.

The leadership retreat originally scheduled for the afternoon of Saturday, May 11, will need to be rescheduled, as the building is being rented out that afternoon. A new date will be set shortly.

The annual UUFLG auction is scheduled for May 4, and this is the time to make donations! There are already some great items and activities, and Robb and Alison as auctioneers are not to be missed!

The RE classes would welcome more volunteers. You don't have to be a current parent of a young person to volunteer! Contact Sarah Ditzler if you are interested.

A state law requires that all our employees complete sexual harassment prevention training by January 1, 2020. Our insurance company offers this training online, and we will be requesting our employees to complete it.

If you would like more information on the board's doings, you can access the full minutes of our meetings at the UUFLG website (click Administration, then Administration and Governance, then Board of Trustees Minutes). They will always be one month behind, as we do not post them till they are officially approved, and we approve each month's minutes at the next month's meeting. You are also welcome to attend the meetings, which are held the second Tuesday of each month at 7:00 in the office, and to ask your board members questions at any time! At present your trustees are Linda Osborne (president), Karen O'Brien (vice president), Lynn Golbetz (secretary), Rick Roberts (treasurer), and Ron Kirkland (trustee at large).



# NAMI

## May Shared Plate: NAMI of Santa Clara County

National Alliance on Mental Illness

This month, the offertory on May 19 (except for checks and envelopes marked "pledge") will go to the **National Alliance for Mental Illness of Santa Clara County**.

NAMI Santa Clara County offers practical experience, support, education, comfort and understanding to anyone concerned about mental illnesses and their treatment in Santa Clara County. In addition, they work with public organizations, private businesses and the media to increase organizational and personal knowledge of effective ways of treating the illnesses while advocating for increased research and improved services for individuals with mental illness.

NAMI is a nonprofit, grassroots, self-help, support and advocacy organization of consumers, families, and friends of people with severe mental illnesses, such as schizophrenia, schizoaffective disorder, bipolar disorder, major depressive disorder, obsessive-compulsive disorder, panic and other severe and persistent mental illnesses that affect the brain.

Founded nationally in 1975, today NAMI works to achieve equitable services and treatment for more than 15 million Americans living with severe mental illnesses and their families. Hundreds of thousands of volunteers participate in more than one thousand local affiliates and fifty state organizations to provide education and support, combat stigma, support increased funding for research, and advocate for adequate health insurance, housing, rehabilitation, and jobs for people with mental illnesses and their families.

Learn more at [namisantaclara.org](http://namisantaclara.org).

### Monthly Meditation Sun., May 23, 12:30-1:30 pm

Have you ever wanted to learn to meditate? Join us for our monthly class where meditation is made fun and simple. We'll have basic instruction, a 20-minute sitting practice, and time for questions and reflection. Beginners, intermediates, and advanced sages are all welcome!



**Creek Cleanup Sat., May 18, 9 - Noon** UUFLG will again be participating in the National River Cleanup Day, this year by cleaning a section of the Los Gatos Creek Trail and the area around the Campbell Percolation Ponds, at 1250 Dell Ave. This is a great family service activity, and one aligned with our Green Sanctuary program. Look for registration details in the Fellowship foyer and in the *Weekly Update* by April 28.

Please spread the word to family, friends, neighbors and colleagues that we have a venue suitable for recitals, weddings, memorials, parties and more!

We welcome your ideas to increase our rental income!

**Contact** Donna Brewer, [donna vb@hotmail.com](mailto:donna vb@hotmail.com) or (408) 358-1212.

# MAY HAPPY BIRTHDAYS



**2ND JOE FITCH**

**4TH GLEN MARCHANT**

**11TH RON KIRKLAND**

**19TH LYNN GOLBETZ**

**25TH AUDREY FREEMAN**

**26TH COLLEEN HAMILTON**

### Opportunity Knocks: Take Reins as Newsletter Editor & Publisher!

It's time to tap new talent at the Fellowship who can publish this newsletter every month. This volunteer position provides a fine creative outlet as you keep congregants in the know!

Contact the outgoing editor, Lance Jacobson, [news@uufg.org](mailto:news@uufg.org), to express interest and to learn the ropes in mid-May for the June edition.

## UUFLG RENTAL SPACE AVAILABLE! GREAT FOR ALL SORTS OF EVENTS!

As a Welcoming Congregation, the UUFLG welcomes everyone into our community, without regard to race, gender, age, color, national origin, ethnic background, socioeconomic status, marital status, disability, sexual orientation or gender identity.



# Cuatro de Mayo Annual Auction

Saturday, May 4  
doors open 5:30 pm

Silent auction  
Mexican food  
& salad bar

\$10 entry  
includes food  
& childcare

Raffle

Proceeds

Live auction

Support

Our

\$5 raffle ticket

6 for \$25

choose raffles to enter  
need **not** be present to win

Fellowship

Contact Auction Team to donate & help

Gracias to all donors & volunteers so far!

**May  
2019**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
April 28	29	30	1	2	3	4
10:30-11:30a Service & Children's Religious Exploration (CRE)				12-1:30p Retired UU Men's Lunch (RUUMs) 4-6p Minister Office Hours by Appt. (MOH)	1-2p Connections C. 2-4p Memoir Writing (offsite)	5:30-8:30p <b>Annual Auction</b>
5	6	7	8	9	10	11
9-10:15a CRE Committee (C.) 10:30-11:30a Service & CRE 12:15-1:15p Green Sanctuary Working Group		10-11:30a Chalice Circle	7-9p Stewardship Working Group	9:45a-12p Women's Group 4-6p MOH 7-8:15p Board	2-4p Memoir Writing (offsite)	
12	13	14	15	16	17	18
8:30-10:15a Social Action C. 10:30-11:30a Service & CRE		10:30a-12p Finance C. 2-3:30p Caring C.		12-1:30p RUUMs 12p Sunday Services C. (online only) 4-6p MOH	2-4p Memoir Writing (offsite)	
19	20	21	22	23	24	25
10:30-11:30a Service (Shared Plate: NAMI Santa Clara County) & CRE 12:30p UUFLG Annual Business Mtg.		10-11:30a Chalice Circle		4-6p MOH	2-4p Memoir Writing (offsite)	9a-12p Building & Grounds Workday 6-9p Game Night
26	27	28	29	30	31	June 1
10:30-11:30a Service & CRE				4-6p MOH	2-4p Memoir Writing (offsite)	

**Note:** This calendar is intended for events relevant to the life of the Fellowship. For a complete calendar of UUFLG facilities use, which includes rentals, view the online calendar at [www.uuflg.org](http://www.uuflg.org). In case of errors, omissions and changes after newsletter publication, find the most up-to-date calendar online. To request updates to the online calendar, email [admin@uuflg.org](mailto:admin@uuflg.org). For recurring event details and contacts, refer to [Activities & Programs](#) online.