

Unitarian Universalist Fellowship of Los Gatos

at's Happening

Open Minds, Loving Hearts, Serving Hands

November 7 - November 21

November10, Sunday, 10:30a

What to do while you're not complaining

I don't mean formal complaints to the manager; I just mean the low-level grumbling that many of us do. Sometimes to ourselves; sometimes to each other. There's a certain degree of healthy venting, and of course, it's powerful to make our needs known. But many of us have felt how constant complaining (whether our own or another's) can erode our joy. Going along with our theme of gratitude this month, we'll explore what we might do *instead* of complaining. –Rev. Fa Jun

We hold **Children's Religious Exploration** (CRE) classes at the same time.



Co-Op Watercolor 11/13 & 11/20, Wednesday, 1p-3p



Women's Group 11/14, Thursday, 10:30a-12p



Board of Trustees 11/14, Thursday, 7-8:15p



Chalice Circle 11/19, Tuesday, 10-11:30a

Send announcements to <u>admin@uuflg.org</u> by Tuesday of that week's issue. Announcements are edited for brevity, clarity, and style. Reading this on our website and want to receive future issues in email? Signup <u>here</u>. Reading this as a paper copy? Send a request to <u>admin@uuflg.org</u> for email delivery.

November 10, Sunday, 12p

2020 UUFLG Directory Photos

If you missed it on October 27, you get a second chance **this Sunday** (11/10) at noon. Harry Campbell will take family and individual photos for next year's Fellowship directory. Find Harry in the parking lot near the front door. **New members and friends are encouraged to participate.** Turn on that smile!



November Happy Birthday to You!

Laurie Roberts – Nov. 10 Lida Kluzek – Nov. 12 Sarah Jacobson – Nov. 12 Eric Jacobson – Nov. 12 And All Our Other November Babies!

Provide your and/or your family members' birth month and date (no year required :-) via <u>admin@uuflg.org</u> or (408) 358-1212 to join our birthday recognition list managed by our Caring Committee who sends birthday wishes. We try to use email to be green although you can provide your mailing address if you prefer a paper card, which children often find fun to get.

November16, Saturday, 2p

Celebration of Life for Brent Browning

Friends and family of Brent Browning are holding a service at the Fellowship on **Saturday**, **November16 at 2p** to celebrate his life. Brent was a longtime and vibrant member of our community, and we'll gather to celebrate a life well lived.

November 17, Sunday, 10:30a

The Gratitude That Saves

Gratitude is one of the most powerful capacities human beings possess. Study after study shows how effective gratitude can be at saving our health, happiness, and relationships. With a powerful enough practice of gratitude, we can even ripple out blessings to the world around us. This morning find out how to cultivate it. –Rev. Fa Jun, Minister

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15980 Blossom Hill Rd., Los Gatos (enter from Old Blossom Hill Rd.)