# Unitarian Universalist Fellowship of Los Gatos



December 2014 No.12; published 12 months each year. Glen Marchant, Editor

#### **Our Mission**

- Provide a place where people are inspired to think about and discuss values, ethics, and the meaning of their lives
- Stimulate spiritual growth in children and adults through exposure to a wide variety of religious thought and experience
- Provide mutual support, caring and fellowship to our members
- Provide support of the larger community through service and social action
- Appreciate and honor our connectedness with all living things

# December 2014

Sunday Services at 10:30

Dec. theme: Light within the darkness

### Dec. 7: "The Places that Scare Us"

Rev. Fa Jun

As we travel deeper into the dark part of the year, people around the world are gathering close their families and friends to find warmth during the cold of winter. During dark times, our fears can arise, and it is no coincidence that the story of Jesus Christ, the "Light of the World" is said to begin in the depth of winter. What resources can we find to deal with our own fears, with the parts of ourselves that scare us, with the dangers present in our wild modern world? Come gather close with us to explore these questions and answers together.

# Dec. 14: "Joy Comes with the Night"

Rev. Christy Baker

Even through a time of grief and transition, I found joy in dance, music and the vast stars in the sky. Such joy, says Martin Buber, is "the beating heart of the universe". Come join us for this third Sunday of Advent even if your heart is in a place of weeping to hear the promise that, in the morning, or maybe with night, there can be "joy to the fishes in the deep blue sea, joy to you and me."

# Dec. 21: Winter Solstice Festival of Lights

-intergenerational

Rev. Fa Jun

At the winter solstice, the nights are longest and days are shortest. During this time, we have an opportunity to bring forth our own light from within to illuminate the dark. This special ceremony will involve music, candles and warm hearts! Hope to see you there!

# Dec. 28: New Years "Revolution" (creating changes that last)

Rev. Fa Jun

Have you ever tried making a new years resolution? Many of us have sadly learned that the best laid plans often fall back into familiar habits after a few weeks? Why is change so hard, and is there anything we can do to make it easier? Ancient traditions and modern psychologists have found a few best practices with which to maximize healthy change that LASTS. Come ready to make resolutions for the new year, which you are ready to see stick, and change your world for the better!

### **Special Event!**

# Dec. 7: 12:30-2pm UU Principles in Practice Rev. Fa Jun

Are you new to UU and want to find out more about our basic tenets? Are you a long-term associate with Unitarianism or Universalism ready to deepen your understanding with others? This monthly class will dive into our 7 basic principles and explore their meaning in our real lives. What do ancient spiritual and religious sources say about these principles? What does scientific research say? How can these 7 basic ideas help us to live fuller and happier lives? These questions will all be explored through a presentation, questions, and group discussion.

Come yourself, bring a friend, bring your questions and your wisdom for an afternoon of deepening our personal spirituality together.

# **Caring Committee Info**

Here's a brief reminder of a few of the activities that our Caring Committee volunteers help coordinate:

Ann Campbell coordinates arranging transportation for doctor's appointments, Sunday services and other Fellowship functions, and transportation in case of an emergency. Contact Ann at 408-374-8844 or annbcampbell@gmail.com if you're in need of transportation.

Maggi Benson coordinates visits by Fellowship members to the home bound to bring news of Fellowship activities and a little good cheer. Contact Maggi at 408-559-5229 or maggibe@gmail.com if you or someone you know would like a home visit.

Contact either Maggi or Ann if you would like to volunteer to provide transportation or home visits when needed.

#### We are Grateful!

As you consider year-end donations to the nonprofits that you support at this time of year, please remember to include UUFLG in your considerations.

This is an exciting time to be a member and friend of the Fellowship as we experience Sunday services that are both joyful and thoughtful at the same time with our new minister Rev. Fa Jun. Our children's program is welcoming our children and new families with engaging programs and experienced teachers. Social action is involving us with issues on climate change and environmental protection, as well as supporting local charities. We are improving the safety of our building and grounds and catching up on deferred maintenance and looking for ways to make our facilities more attractive. Best of all, we're a shared community that sustains one another on our life's journeys with caring and love.

We couldn't accomplish all that we do without your financial support and we thank you for your generosity.

Best wishes for the holidays from the Finance Committee.

Thank you for wearing your name tag on Sunday mornings, and for parking on the street when possible to make room for our newcomers.



#### **Dollars and Cans**

The November Share the Plate collected \$171.31 for the Low-Income Self-Help Center in San Jose. Two large boxes of groceries from our ongoing collection for Sacred Heart Community Service were delivered on Nov. 17, in time to go into some of the hundreds of Thanksgiving food boxes they filled.

UUFLG's annual food drive for Second Harvest Food Bank begins Nov. 30 and continues through Dec. 14. As you are shopping for holiday meals, remember to add a few extra cans to your cart for the many struggling families and seniors who depend on Food Bank assistance. If possible, have your children help choose, buy, and bring in some items for the food drive collection box in the UUFLG hallway, moving their focus from "what they want for Christmas" to how they can help others during this holiday season.

Most needed foods are:

- tuna or canned meat
- peanut butter
- soup, stew, chili
- canned foods with pop-top lids
- canned fruits packed in juice
- low-sodium canned vegetables
- canned tomatoes/ tomato sauce
- low-sugar cereals

Cash/check donations are also very welcome; put these in the envelope in the collection box or give them to Jim Beebe or Coralee Linton.

# **SoulCollage®**

Join Kathryn Harper on Saturday, December 13, from 9:30 a.m.-1:30 p.m. and delve into creativity!

SoulCollage® is a fun, relaxing way to play with images and explore new avenues for inner wisdom and discovery. All supplies are provided. A donation of \$10-15 is appreciated to offset the cost of supplies, but no one is turned away for lack of funds. Class size is limited to 12.

Please email kathryn@pobox.com by December 9 if you plan to attend.



## **December Birthdays**

#### Dec.

- 1 Tom Olson
- 7 Luke Chacon
- 9 Kathryn Wood
- 15 Erma Browning
- 25 Jan Wygant
- 28 Yvonne Liu
- 30 Jack Stubstad

**INTERESTED IN WHAT THE BOARD IS UP TO?** The Board minutes are listed under "Administration" on the right hand side of the home page of our website www.UUFLG.org.

<u>HAVE SOMETHING TO SAY TO THE BOARD?</u> A guest commentary time for members can be made available at the beginning of each monthly Board of Trustees meeting. Contact Jim Beebe (jebeebe1102@yahoo.com) for more information.

Items for the monthly newsletter are to be submitted (by the **20th** of the month) to **Glen Marchant** at: **UUFLGnews@att.net**. Please submit articles and e-mail attachments as **single spaced MS Word documents**, **.rtf** (Rich Text format), or **plain text**, and limit to less than 200 words. The purpose of this newsletter is to foster communication and planning among friends and members. However, due to the size constraints of the printing, we regretfully cannot print opinion pieces.

### **Girl Scouts and Cub Scouts**

Girl Scout Troop 62301 and Cub Scout Pack 301 will be meeting at the Fellowship and are open to those interested in joining. Girl Scout Troop 62301 is recruiting girls in grades K-4, and Cub Scout Pack 301 is recruiting boys in grades 1-5.

Contact Trisha Bergthold about Girl Scouting at trishabergthold@rocketmail.com.

Contact Louis Tieu about Cub Scouting at Itieu@sbayoms.com.

Information on the Cub Scout Pack Leaders:

Committee Chair: Louis Tieu 408-280-0373 ltieu@sbayoms.com

Cubmaster: Polly Fry 408-569-6497 fryfolks@sbcglobal. net

#### Scout Unit Websites:

Girl Scout Troop 62301 website: girlscouttroop62301. weebly.com

Cub Scout Pack 301 website: pack301campbell.weebly.com

# Messengers of Peace event on Jan 19th

Please join the families of Girl Scout Troop 62301 and Cub Scout Pack 301 for their 3rd Annual Messengers of Peace Family Service Event to be held on Monday January 19th from 2:00-3:30 p.m. at American Legion Post 99, 1344 Dell Avenue in Campbell.

This event is a round robin of service projects for all ages from 3 up. Children must be accompanied by an adult family member. Registration is required and space is limited. We are requesting a donation of \$10 per family to cover expenses.

Please contact Trisha Bergthold at 408-559-9945 or trishabergthold@rocketmail.com for more information or to register.



December 2014

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	6:30p - 8:00p Women's Spirituality Group	10:00a - 11:30a <b>Tuesday Chalice Circle</b> 10:30a-12:30p	5:00p - 6:00p Farmigo Food Pickup	11:00a - 12:00p Finance Committee Meeting 12:00p - 1:30p, Retired		
	∞	"So and Sew"	10	UU Men's Lunch	12	13
9:00a - 10:15a Lifespan Learning Committee 9:30a - 10:00a Morning Meditation 10:15a -11:30p Children's Religious Education Classes 10:30a -11:30a Sunday Service 12:00p - 2:00p UU Principles in Action w/ Rev. Fa Jun 12:00p - 2:00p Rev. Fa Jun Office Hrs (by Appt)			5:00p - 6:00p Farmigo Food Pickup	9.45a - 12:00p Thursday Morning Women's Group		9:30a - 1:30p SoulCollage®
14	15	16	17	18	19	20
10:15a -11:30p Children's Rel.Ed. Classes 10:30a -11:30a Sunday Service 11:30a - 1:00p Holiday Boutique	6:30p - 8:00p Women's Spirituality Group	10:00a - 11:30a Tuesday Chalice Circle 10:30a-12:30p "So and Sew"	5:00p - 6:00p Farmigo Food Pickup	12:00p - 1:30p, Retired UU Men's Lunch 7:00p - 8:15p Board of Trustees Meeting		
21	1 22	23	24	25	26	27
9:30a - 10:00a Morning Meditation 10:15a -11:30p Children's Relig. Ed. Classes 10:30a -11:30a Sunday Service 12:00p -1:30p Membership Comm. 12:00p -2:00p Rev. Fa Jun Office Hrs (by			5:00p - 6:00p Farmigo Food Pickup	CHRISTMAS DAY		9:00a - 12:00p Bldg/Grnds Work Party
28	29	30	31			
9:30a - 10:00a Morning Meditation 10:15a -11:30p Children's Relig. Ed. Classes 10:30a -11:30a Sunday Service			NEW YEARS EVE			
12:00p - 2:00p Rev. Fa Jun Off. Hrs (byAppt)						

# **Unitarian Universalist Fellowship of Los Gatos**

15980 Blossom Hill Road Los Gatos, 95032 (408) 358-1212



"Affirming the Inherent Worth and Dignity of Every Person"



**Fellowship News** 

December 2014

The Newsletter is published monthly by the Unitarian Universalist Fellowship of Los Gatos (UUFLG). The Newsletter is available to everyone on the web at **www.uuflg.org**. Members may elect to receive a printed copy. If you would like to be added to our email list to receive our monthly newsletter, please call or email our administrator: admin@uuflg.org or 408-358-1212.