

Unitarian Universalist Fellowship of Los Gatos



FELLOWSHIP NEWS

July 2016 No.7; published 12 months each year. Glen Marchant, Editor

Our Mission

- Provide a place where people are inspired to think about and discuss values, ethics, and the meaning of their lives
- Stimulate spiritual growth in children and adults through exposure to a wide variety of religious thought and experience
- Provide mutual support, caring and fellowship to our members
- Provide support of the larger community through service and social action
- Appreciate and honor our connectedness with all living things

July 2016

Sunday Services at 10:30

July Theme: The Light of Love and Wisdom

July 3: Independence Day Potluck Brunch

July 10: Your Happiness Is Contagious

Rev. Fa Jun

Do you truly want to change the world? Be happy! Not only is this the most enjoyable way to live, but brain science, psychology, and sociology show that happy people have a very positive impact on those around them!

Join us this morning to find out how your happiness is contagious, and some very special methods to put the mind in a state of ease and joy!

July 17: Qi Songs for Crystal Kids

Marya Stark

This morning Marya will present songs and healing movement practices from her recently released children and family album *Qi Songs for Crystal Kids*.

This is an immersive and experiential journey through the ancient Chinese science of Qigong. Marya uses her inventory of skills as a music therapist and long-term children's educator to present information on yogas of the body, breath, and emotions in a fun and entertaining way.

If you have ever wanted to learn simple, healing movements, love song, and wish to experience an ever deeper connection to the pulse of the universal life force, find yourself at this intergenerational (Kids of all ages encouraged to attend!) Sunday morning service.

July 24: Finding Stability in an Unstable World

Rev. Fa Jun

The world is changing all around us. Even our own minds change day by day, moment by moment. With all this swirling around us, it would be wonderful if we could find something that is stable

The good news, according to the wisdom traditions around the world, is that there is an unchanging, stable, and peaceful part of each of us – a part that we can always access regardless of the chaos we may be faced with. And, they claim, when we are in touch with this place within ourselves, we begin to radiate peace to those around us as well!

July 31: Roadway Wisdom – How you drive as a metaphor for your ethics!

Rev. Fa Jun

Does how we treat each other on the road really matter? If we don't get a ticket, shouldn't we just do whatever we can get away with? Or could it be that what we do in the car is a microcosm of what we will do in the rest of our lives?

This morning we will encounter such issues as road rage, over-passivity, and passive aggression on the road, and what we can do about them. We'll also look into how we merge, how we follow, and how we lead, and what this can teach us about how we might be influencing what goes on around us.

Join us for an enjoyable tour!



Caring Committee Meeting

Wednesday, July 6, 2016, 10:30a to 12p
West Room, UUFLG

The Caring Committee reaches out to members and friends of UUFLG who are in need, providing services such as transportation to doctors offices or hospitals, or to Sunday services; meals for the homebound or those who are recovering from an illness; assistance with memorial services for loved ones who have died; etc. We also celebrate happy occasions, like sending birthday cards to those who want them, giving Teddy Bears to new parents and grandparents, etc.

If you would like to be a member of our committee, or if you know of someone who could use our services, please fill out a Caring Committee questionnaire from those on the information table in the Foyer next to the Sanctuary. If you would like to join our committee, you are more than welcome to attend any meeting of the committee.



Pack-A-Back Drive – July 10-24

Give kids the tools they need for school!

This July, UUFLG is again participating in the Pack-A-Back Drive for Sacred Heart Community Service (SHCS). In July, Sacred Heart Center holds a registration day for parents who cannot afford to buy school supplies for their children. Each year, hundreds of parents line up, some waiting in line overnight, to apply for this assistance. Their children return in early August to choose their own backpacks.

This year, UUFLG will be filling backpacks for 5th to 12th graders. Beginning July 10, filled backpacks, school supplies from the list below, and cash or checks to purchase supplies will be collected at the Fellowship. Shopping lists and a collection box will be in the lobby. Helping to shop for a backpack and supplies can be a great learning opportunity for your children.

If you are donating by check, please make the check out to UUFLG, with Pack-A-Back Drive on the memo line. Checks may be placed in the envelope attached to the collection box or given to one of the Social Action Team members listed below. Monetary donations will be used to purchase additional backpacks and supplies; *these backpacks will be filled by our Religious Education students on July 31*. All backpacks will be delivered to SHCS by August 5.

Questions? Contact Jim Beebe (408-315-5066), Sue Ann Lorig (408-827-4304) or Ellen Hill (408-371-5776).

Supply List for Grades 5-12

- 1 new BLACK backpack
- 3 college-ruled notebooks
- 5 pocket folders
- 3 packs of college-ruled paper
- 1 pack of mechanical pencils
- 1 three-ring binder
- 1 scientific calculator
- 1 ruler
- 1 pack of highlighters
- 1 pack of markers (fine-point)
- 2 packs of index cards
- 1 USB flash drive
- 1 stick of deodorant
- \$20 gift card for shoes (gift card to anywhere shoes are sold)



UUFLG July Birthdays

8 - Malinda Stevens

15 - Lou Yabroff

24 - Roopak Patel

29 - Dave Coldren



*Thank you for wearing your name tag on
Sunday mornings,
and for parking on the street when
possible to make room for our
newcomers.*

You may be a Unitarian Universalist
if... You think the Holy Trinity is
"Reduce, Reuse, Recycle".



Memorial Service for Irving Yabroff

Saturday, July 30, 2p, UUFLG Sanctuary

Friends, family and fellow congregants of Irving Yabroff will gather to celebrate his life that spanned nearly nine decades. As a member of UUFLG for over 40 years, Irving is remembered with gratitude for all he generously contributed to our community. He freely shared his computer, applications, audio/visual and Internet networking know-how and provided financial and fundraising leadership. In the 80's and 90's, the Fellowship had an active music group and a chorus of 20 or so. Irving was an active member of both. He played first violin in a string quartet, which performed an array of music from Bach and Handel to songs from our hymnal, and he sang baritone in every choir we formed. Over many years, Irving willingly and adeptly served on the Fellowship's Board of Directors, chaired our finance committee, and faithfully kept the accounting books. A stalwart congregant, Irving will be missed.

Interested in what the Board of Trustees is up to? The Board minutes are listed under "Administration" on the right-hand side of the home page at www.uuflg.org.

Have something to say to the Board of Trustees? A guest commentary time for members can be made available at the beginning of each monthly Board of Trustees meeting. Contact Jim Beebe (jbeebeu@gmail.com) for more information.

Submit items for the monthly newsletter to Glen Marchant by the 20th of the month at: UUFLGnews@att.net. Please submit articles and e-mail attachments as single-spaced Microsoft Word documents, .rtf (rich text format), or plain text, and limit to less than 200 words.

July 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Jun 26 LGBTQ Pride Weekend 10:30–11:30a Children's Religious Education 10:30–11:30a Sunday Service	27	28	29	30	1 2–4p Memoir Writing Group 4–6p Minister Ofc Hours by Appt	2
3 10:30–11:30a Potluck Brunch (Deck)	4 Independence Day 6:30–8p Women's Spirituality Group	5 10–11:30a Chalice Circle 1–2p Connections Cmte	6 10:30–Noon Caring Cmte	7 12–1:30p Retired UU Men's (RUUMs) Lunch	8 2–4p Memoir Writing Group 4–6p Minister Ofc Hours by Appt	9
10 9–10:15a Social Action Cmte 10:30–11:30a Children's RE 10:30–11:30a Sunday Service / School Backpack Drive for Sacred Heart Community Service 12–1p Town Hall - Our Minister's Role	11 7:30–9:30p Great Books Discussion	12 10–11:30a Chalice Circle 10:30a–12:30p "So and Sew"	13	14 9:45a–12p Morning Women's Group 10:30a–12p Finance Cmte	15 2–4p Memoir Writing Group 4–6p Minister Ofc Hours by Appt	16 6–10p Parents' Night Out
17 10:30–11:30a Children's RE 10:30–11:30a Sunday Service / School Backpack Drive for Sacred Heart Community Service 12:30–2:30p Minister Ofc Hours by Appt	18 6:30–8p Women's Spirituality Group	19 10–11:30a Chalice Circle 10:30a–12:30p "So and Sew" 1–2p Connections Cmte	20	21 12–1:30p Retired UU Men's (RUUMs) Lunch 7–8:15p Board of Trustees	22 2–4p Memoir Writing Group	23
24 10:30–11:30a Children's RE 10:30–11:30a Sunday Service / School Backpack Drive for Sacred Heart Community Service	25	26	27	28	29 2–4p Memoir Writing Group 4–6p Minister Ofc Hours by Appt	30 9a–12p B&G Work Party 2p Irving Yabroff Memorial Service 5–9p Game Night
31 10:30–11:30a Children's RE Backpack packing, Sacred Heart Community Service 10:30–11:30a Sunday Service 12:30–2:30p Minister Ofc Hours	Aug 1 6:30–8p Women's Spirituality Group	2 10–11:30a Chalice Circle 10:30a–12:30p "So and Sew"	3	4 12–1:30p Retired UU Men's (RUUMs) Lunch	5 2–4p Memoir Writing Group 4–6p Minister Ofc Hours by Appt	6