

February 2017 No.2; published 12 months each year. Glen Marchant, Editor

Our Mission

- Provide a place where people are inspired to think about and discuss values, ethics, and the meaning of their lives
- Stimulate spiritual growth in children and adults through exposure to a wide variety of religious thought and experience
- Provide mutual support, caring and fellowship to our members
- Provide support of the larger community through service and social action
- Appreciate and honor our connectedness with all living things

February 2017

Sunday Services at 10:30

February Theme: New Perspectives

At this time in the year, many people's New Year's goals are forcing them to adopt new perspectives, to change the ways they've always done or seen things. Our world, too, is in a time of dramatic change, politically, climatically, and interpersonally. This month we'll focus on the best practices of how to widen our view, to take another's perspective, to make lasting change - both inwardly, and in society. Join us as we open the doors of our perception to a wider world together. -Rev. Fa Jun

Feb 5: "Oh Life That Maketh All Things New" -Rev. Fa Jun

The beginning of February, in ancient Europe, was a festival of the return of the Light that began to grow at the Winter Solstice. During this time of Candlemass, it was felt that one was not out of the darkness yet, but a golden glow was beginning to be seen.

Today we will explore the power of refreshing ourselves, how to imbibe that life force that gives us the capacity to see things with new eyes and new hearts. We will invoke the Spirit of Life together, so that we may be a source of inspiration and refreshment for others.

Feb 12: Poetry Share

As UUs, we are justifiably proud of our devotion to rational thought. But we also honor the other side of the brain, the side that revels in metaphor and finds truth in beauty. This week we will celebrate that other side with poetry! Please come share with the fellowship your favorite poems that connect with UU or its values. If you need help narrowing down your choices, the overall theme for our February services is "metamorphosis." This service will be lay led.

Feb 19: "Why Don't You Listen?!?" – How to hear what another is saying when they use a radically different style!

-Rev. Fa Jun

Do you have a boss, wife, son-in-law, or the like, who you just don't get? And even worse, they don't get you either! That's the bad news, and we've seen the recent political atmosphere in the U.S. make it even harder. But the good news is that all humans are generally just trying to fill some very basic and universal needs. If we can listen for the deeper needs, and understand a little bit about the typology, we can come to a place of mutuality and understanding! This Sunday, find out more!

Feb 26: "Coyote! And the Lessons of the Heyoka"

-Rev. Fa Jun

The Heyoka is a figure of the Lakota people of America's Great Plains. This figure or community member often plays the part of a satirist or jester, regularly doing things exactly the opposite of how they are normally done.

Coyote, too, just as our morning cartoons may have taught us, is seen as a trickster, using unorthodox means to go about things.

Today, we will learn a bit about this powerful "medicine," and how to create a harmonious relationship with it in our lives.

The Unitarian Universalist Fellowship of Los Gatos cordially invites you to the Installation of Rev. Fa Jun as our settled minister. Saturday, February 25, 2017 from 4:00 pm to 6:00 pm 15980 Blossom Hill Road, Los Gatos, CA 95032 Reception to follow Kindly RSVP by February 10 to Jim Beebe, UUFLG President jbeebeu@gmail.com, (408) 358-1212

Compassionate Communication: How to connect to anyone, no matter who you are! Friday, Feb 17. 7-9pm

This month's communication class will cover specific strategies to talk with every type of person, for every type of person.

Whether you are an introvert who doesn't know what to say, or an extrovert that wants to have the post positive impact, this class will offer you practical skills!

Come and learn with us the art of creating a compassionate connection!

-Rev. Fa Jun

Special Event: 'Self-Defense For Every Body'

Feb 4. 1:30-3:30pm

Join us for a fun and safe exploration of how to keep ourselves and our loved ones free from harm.

We will focus primarily on situational-awareness and best practices, then we'll also get down to the nitty gritty of how to strike vital points and escape common attacks.

This class is offered by donation, bring your friends and family! -Rev. Fa Jun

How To Meditate - Meditations for the 7 Chakras

Sunday, Feb 19. 12:30-2:30pm

The 7 Chakras is a symbolic representation of "Subtle Energies" of the inner body. Swiss Psychologist Carl Jung felt they symbolized deep unconscious psychological forces. Whatever they may be, the classical meditations on the chakras can lead one to profound states of relaxation and insight, and understanding the forces associated with each center can help us to understand our unfolding and development on the path of meditation. -Rev. Fa Jun

Board News

At its meeting on January 19, the board discussed a wide range of topics. The highlights were:

- Planning for the installation of Rev. Fa Jun is proceeding apace.
- A new committee on endowment is being established.

• The Welcoming Congregation committee will remain active to make sure we continue to act on our "welcoming" commitment.

• The board will lead a congregation-wide strategic planning process to determine where we want to be in five years or more, and how to get there. Stay tuned!

New Year, New Habitat Project



Volunteers from UUFLG and Los Altos Methodist Church joined together Jan. 14 in an All Faiths workday at Vermont House, actually two old rooming houses being renovated by Habitat for Humanity as housing for homeless veterans. Tasks for the day included framing walls, laying a new subfloor, and jackhammer work on the foundation, all in one of the houses. UUFLG's next Habitat workday is Feb. 11; future workdays will be posted in the Weekly Update when they become known.

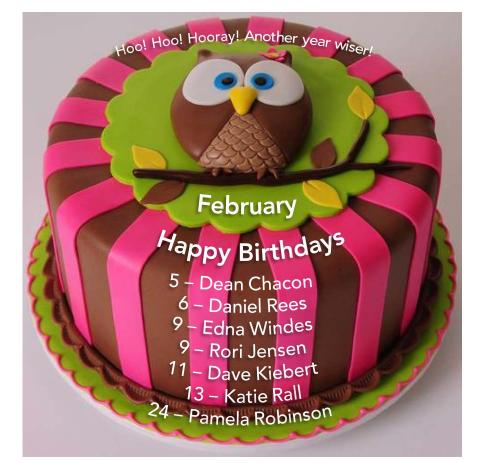
Full House for Inaugural Bowl

About 40 people drove through the rain to share soup, salad, and positive ideas at the Inaugural Bowl soup supper on Jan. 20. Between soup and dessert, Rev. Fa Jun shared information and enthusiasm for the Green Sanctuary program, outlined what UUFLG would need to do to receive Green Sanctuary certification from the UUA, and recruited volunteers for a planning committee. If you missed the supper, but would like to join the planning committee, or have an environmental project idea you'd like to share, contact Rev. Fa Jun.

Upcoming Auction

We're beginning to plan a Fellowship Auction for April 22 and are putting together the team to make it happen. Let me know if you would like to help with soliciting donations, preparing publicity, creating the catalog, working on food and beverages, decorating the building or work on the setup and cleanup.

Katie Rall, Auction Chairperson, 408-425-8852 or katierall@sbcglobal.net





Survival Sack Drive in February

From Feb. 5-19, UUFLG will be collecting personal hygiene items, socks, and underwear for the "Survival Sacks" and smaller "hygiene bags" that Sacred Heart Community Service distributes to the homeless. Students in our elementary and middle school classes will pack the sacks on Sunday, February 26.

The Survival Sacks are backpacks containing 3 months of supplies; Sacred Heart distributes about 100 of these each month. Because underwear and socks are included, "men's" and "women's" sacks are packed.

Items needed for one sack are:

- 1 rain poncho
- 1 small blanket
- 2 pairs of underwear
- (most needed: men's L and XL)
- 2 pairs of socks (for women or men)
- 1 small first aid kit
- 1 washcloth
- 1 bar of soap (3 oz.)
- toothbrush and full-size tube of toothpaste
- deodorant (3.5 oz. size)
- shampoo
- comb
- razor
- 2 rolls toilet paper

The "Hygiene Kits" are small bags of hygiene items that are available at Sacred Heart on an ongoing basis to those in need. All items for these kits should be small "travel" or "hotel amenity" size in order to fit into a gallon-sized ziplock bag. Needed items:

- toothbrush
- toothpaste
- shampoo
- conditioner
- body wash and/or soap
- comb
- deodorant
- hand lotion
- razor
- tissue pack
- mouthwash
- washcloth

Cash/check donations are also welcome, and will be used to purchase the backpacks needed, as well as any items in short supply. With your help, we hope to fill 15 backpacks and 15 hygiene bags on Feb. 26!

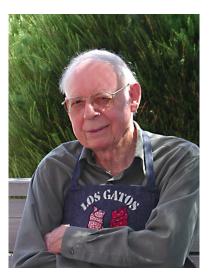
> Thanks for wearing your name tag on Sundays, and for parking on the street to make room for newcomers.



Have something to say to the **Board of Trustees**? A guest commentary time for members can be made available at the beginning of each monthly Board of Trustees meeting. Contact Jim Beebe (jbeebeu@gmail.com) for more information.

Submit items for the newsletter by the 20th of the month to Glen Marchant at UUFLGnews@ att.net. Submit as single spaced MS Word documents, .rtf (Rich Text format), or plain text.

Remembering Robert (Bob) Bixler, Longtime UUFLG Member



Robert Warren (Bob) Bixler died December 12, 2016, at age 96. Born, the second of four sons, to Alfred and Bertha Bixler in Ventura, California. Bob grew up in Ventura, California, a coastal town of fewer than ten thousand people, and had a happy childhood despite the Great Depression. He married his high school sweetheart, Nanon (Nan) Slaughter, on November 23, 1941, two weeks before Pearl Harbor. During WWII, Bob enlisted in the Air Corps studied at Columbia Army and University to become a meteorologist. He served as a weather officer on a fighter base in Italy from 1944 until the end of 1945. He was honorably discharged as a captain in 1946.

After the war, Bob completed his education on the GI Bill, receiving a B.S. degree in electrical engineering from U.C. Berkeley. Bob worked for Pacific Telephone Company first in Los Angeles, then in Reno as one of the engineers who developed the microwave transmission stations across the state of Nevada, and later in senior management in Sacramento, San Francisco and San Jose until he retired in 1980. Afterwards, he spent the next twenty years studying and working as a certified financial planner, a registered investment advisor and co-owner and developer of a software company.

Bob was happiest working in his large, home shop building furniture, making pottery and fixing things. He designed, built and sold an electric, variable-speed potter's wheel, and perfected crystalline glazes for his pottery, which he fired in kilns he designed and made. Bob and Nan were longtime Unitarians belonging to the Unitarian Universalist fellowships in Reno (founding members), Sacramento, Walnut Creek and finally here in Los Gatos where they were early members in 1966. They had many close and lasting friendships among the Fellowship members, and between them served on practically every committee at our Fellowship. During our celebration last year of Bob's 50 years as a member of the UUFLG, other congregants recounted his generosity and ingenuity. Bob was central to the expansion and upgrades of the Fellowship building, and worked tirelessly to maintain it and the grounds.

Bob also enjoyed travel both domestic and international. He loved nature and regularly camped and fished in the Sierras and Trinity Alps. He is survived by his three sons Ronald (Camilla), Clifford (Lise), and Gregory (Jain); grandchildren Alexander, Richard, Andrew and Katherine; and great-grandchildren Robert, Nora, Reece, Evaline, Audrey and Autumn.

His family and friends remember Bob for his talents, modesty, love and concern for them, and willingness to help people. Bob had a long, productive life and did much good. He had an innate curiosity and commented to the end of his life on how interesting the world was. A memorial service will be held from 2 pm to 4 pm on February 11, 2017, at the UUFLG.

			February			
Sun 29	Mon 30	Tue 31	Wed	Thu 2	i Fri	Sat 4
10:30-11:30a Service/ Children's Religious Education (CRE)		5		12-1:30p Retired UU Men's Lunch (RUUMs)	2-4p Memoir Writing Group (MW) 4-6p Minister Office Hours by Appt. (MOH)	1:30-3:30p Self-Defense for Every Body
5 9-10:15a Lifespan Learning Committee (Cmte) 10:30-11:30a Service/CRE	6 6:30-8p Women's Spirituality Group	10-11:30a Chalice Circle 12:30-1:30p Connections Cmte	×	9 9:45a-Noon Morning Women's Group	2-4p MW	8a-4p Habitat for Humanity Project 1072/ 1082 Vermont St, SJ 2-4p Bob Bixler Memorial Service
12 9-10:15a Social Action Cmte 10:30-11:30a Service/CRE	7:30-9:30p Great Books Discussion	<u>+</u>	Q	16 10:30a-Noon Finance Cmte 12-1:30p RUUMs 7-8:15p Board	2-4p MW 4-6p MOH 7-9p Compassionate Communication	×
19 10:30-11:30a Service/CRE 12:30-2:30p How to Meditate – Meditations for the Seven Chakras	20 6:30-8p Women's Spirituality Group	21 10-11:30a Chalice Circle	52	53	24 2-4p MW 4-6p MOH	25 9a-Noon Building & Grounds Work Party 4-6p Minister's Installation Ceremony & Celebration 7-9p Game Night @ the Fellowship
26 10:30-11:30a Service/CRE	27	58	Mar 1 10:30a-Noon Caring Cmte	2	2-4p MW 4-6p MOH	4
Editor's Note: We do our best to publish an accurate calendar in the monthly newsletter. In case of errors, omissions and changes after publication, find the most up-to-date UUFLG calendar online at www.uufig.org under Welcome/Calendar. To request updates to the online calendar, email admin@uufig.org. For recurring event details and contacts, refer to Activities & Programs at www.uufig.org.	oublish an accurate calenda elcome/Calendar. To reques	ar in the monthly newslette t updates to the online cal	er. In case of errors, omis endar, email admin@uut	sions and changes after pu lg.org. For recurring event	ublication, find the most up-t details and contacts, refer to	o-date UUFLG calendar o Activities & Programs at