

Unitarian Universalist Fellowship of Los Gatos **FELLOWSHIP NEWS**



Our Mission

- Provide a place where people are inspired to think about and discuss values, ethics, and the meaning of their lives
- Stimulate spiritual growth in children and adults through exposure to a wide variety of religious thought and experience
- Provide mutual support, caring and fellowship to our members
- Support the larger community through service and social action
- Appreciate and honor our connectedness with all living things

April 2017 **Sunday Services at 10:30**

April Theme: Earth Day Every Day!

We know you don't want to be an April Fool, and that's why the whole month of April will help us get wise about the environmental impact of our choices! There are many great ways we can change our own lives for the better, and many causes that we can throw our influence behind - but they all happen on planet earth! This month, as we laugh together, study together, mourn together, and get inspired together, we'll be thinking about how we can, as a community, create an impact that leads to environmental justice. April showers will water the seeds we're planting now, so let's make sure it is a bountiful harvest for us all.

April 2: "The Fools' Day"

Alison Hurwitz, Lay Leader

Join us this morning for a celebration of humor, fun, and jokes. In this service, we'll honor the sacred fool by experiencing and discussing the power of laughter and humor. We'll hear some of your favorite jokes, and we'll participate in interpersonal meditations to awaken our ability to take things lightly!

April 9: "Death, Taxes, and the Trickster"

Rev. Fa Jun

In wisdom cultures around the world, there is regularly seen the figure of a sacred trickster. This is one who goes opposite to convention, one who sees the world in a strange and different way. This morning, we'll learn about some of these tricksters, what they may be trying to teach us, and how to integrate their "special" wisdom into our lives when we come across it!

April 16: "Resurrecting Christianity"

Rev. Fa Jun

Christ came to this earth to spread a message of peace, hope, and caring for each other, but his wisdom is often forgotten in the rush of our worldly concerns. On Easter Sunday, Christians everywhere celebrate the resurrection of Jesus from the tomb. We who align with the connected web of life

on the earth, see life reawakening as the birth of Spring. This morning we will envision what a world would look like, that took the teachings of Jesus of Nazareth to heart. We will invoke the liberal message of Christ that teach us how to love one another in a spirit of divine mercy and connection.

April 23: "For the Beauty of the Earth"

Rev. Fa Jun

In honor of Earth Day, this morning's service will be all about the earth that we share and how to come into a more responsible, even sacred relationship with it. In addition to raising our spirits through wonderful hymns, and praising all the priceless gifts the earth gives us, we will explore practical ways that we humans can begin to re-insert ourselves into the sacred hoop of reciprocity with our environment. Come to be inspired, nourished, and grounded.

April 30: "May The 4th Be With You" – the Sacred Path of the Jedi

Rev. Fa Jun

George Lucas created a new mythos when he created the ancient order of the Jedi through his Star Wars films. Though they lived "A long time ago, in a galaxy far, far away," modern people have found tremendous inspiration in the image they present. Today we'll explore the creation of the Jedi, and the core symbols and tenets of this modern myth - relating it to its real-world sources in Daoism, the Budo tradition of the Samurai, and the work of Joseph Campbell.

We invite everyone to join us, without regard to race, gender, age, color, national origin, ethnic background, socioeconomic status, marital status, disability, sexual orientation or gender identity.

We are a Welcoming Congregation, intentionally and openly taking steps to welcome in to our community people of all sexual orientations and gender identities.

Classes and Meetings

–Rev. Fa Jun

Activism 101 & the Social Action 'Huddle' – “Environmental Justice Toolbox”

April 9, 12:30-2pm

Join us for our monthly class on the nuts and bolts of social change, and then stay for the 'Huddle' - a chance to meet up with, and network with like-minded folks. Study tools to empower your own influence, and then join forces with other change-makers for solidarity and critical mass!

Note: This month's 'Activism 101' class will serve a dual function, introducing us to some of the campaigns, strategies, and tactics involved in the Green Sanctuary program. Some participants will then break out to meet in regards to this specific program.



Tai Chi for Health and Self-Defense

April 23, 12:30-2:30pm

Join us to learn the self-healing movements of the Tai Chi form, and stay to learn simple self-defense techniques based on these motions.

This two-part class is appropriate for every body and every level of skill! The slow moving and breathing exercises will calm the nervous system, while healing one's tissues according to the principles of Traditional Chinese Medicine.

Then, after a break, we will explore simple ways to ward off physical danger and avoid attack – using the very same motions we studied through solo-healing form.

Come and bring a friend. Members are free, all others \$20 (no one refused for lack of funds).

How to Meditate – All about the Chakras, Part 2!

April 30, 12:30-2:30pm

In this month's meditation class, we will continue our exploration of the ancient symbolic system known as the chakras. Specifically, we will explore breathing and visualization patterns that can allow one to easily switch states of mind, as well as cultivate deep meditation ability over the long term.

This class is appropriate for beginners, intermediates, and even advanced meditators, and will include all you ever wanted to know about the chakras, but were afraid to ask!



Annual Auction Fundraiser

April 22, 5-8pm *Mark your calendar NOW!*

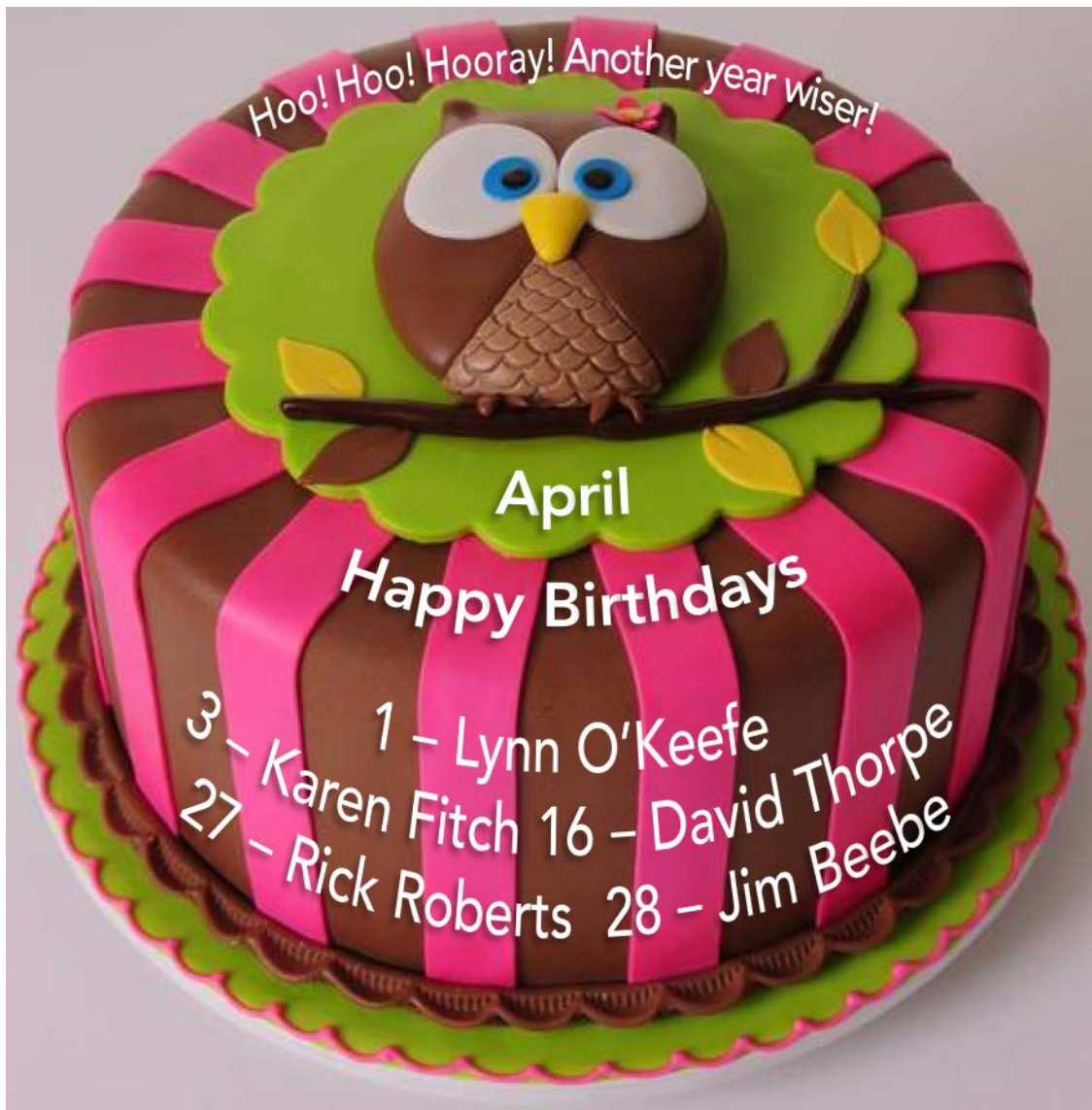
It's Earth Day & we will celebrate in a **GREEN** way! Come & have FUN, FUN, FUN while FUN-raising for our Fellowship. To make the Auction great ~ we need your donations of Time & Talent ~ what exciting services or items can you contribute?

Come spend an enjoyable evening with wonderful friends while bidding on our own members' talented services & wonderful objects de art as well as practical items! There are forms to fill out in the foyer & in the offering baskets on Sunday. Childcare will be provided.

Questions?

Contact Katie Rall, katierall@sbcglobal.net





Save the Date! Cinco De Mayo Dinner

Friday, May 5

This will be an evening of eating our values! Come out to sample some traditional Mexican fare, and while you're at it learn about the origins of these foods, and how they relate to the history of our friends to the South. As we all work to balance our independence with our interdependence, let's celebrate in solidarity with our Mexican neighbors and honor the wonderful gifts of Mexican culture that contribute so much to America!







Stay tuned for further details and how to RSVP.



Have something to say to the [Board of Trustees](#)? A guest commentary time for members can be made available at the beginning of each monthly Board of Trustees meeting. Contact Jim Beebe (jbeebeu@gmail.com).

[Submit items for the newsletter by the 20th of the month](#) to Glen Marchant (Editor) at UUFLGnews@att.net. Submit as single spaced MS Word documents, .rtf (Rich Text format), or plain text.

April 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3	4	5	6	7	1 / 8
<i>Int'l Children's Book Day</i> 9-10:15a Lifespan Learning Committee (C.) 10:30-11:30a Service/ Children's Religious Education (CRE)	6:30-8p Women's Spirituality Group	10-11:30a Chalice Circle 12:30-1:30p Connections C.		12-1:30p Retired UU Men's Lunch (RUUMs)	<i>World Health Day</i> 2-4p Memoir Writing Group (MW) 4-6p Minister Office Hours by Appt. (MOH)	
9	10	11	12	13	14	15
9-10:15a Social Action C. 10:30-11:30a Service/CRE 12:30-2p Activism 101 & Social Action Huddle				9:45a-Noon Morning Women's Group	2-4p MW 4-6p MOH	5-9p Game Night @ the Fellowship
16	17	18	19	20	21	22
<i>Easter</i> 10:30-11:30a Service/CRE 	6:30-8p Women's Spirituality Group	<i>Volunteer Recognition Day</i> 10-11:30a Chalice Circle		 <i>Earth Day (US)</i> 10:30-12 Finance C. 12-1:30p RUUMs 7-8:15p Board	2-4p MW 4-6p MOH	5-8p Fellowship Auction & Dinner 
23	24	25	26	27	28	29
10:30-11:30a Service/CRE 12:30-2:30p Tai Chi for Health & Self-Defense				<i>Take Your Daughter to Work Day</i>	<i>Arbor Day</i> 2-4 MW 4-6 MOH 	9a-Noon Building & Grounds Work Party
30	May 1	2	3	4	5	6
10:30-11:30a Service/CRE 12:30-2:30p How to Meditate – All About the Chakras, Part 2	6:30-8p Women's Spirituality Group	10-11:30a Chalice Circle 12:30-1:30p Connections C.	<i>World Press Freedom Day</i>	12-1:30p RUUMs	2-4p MW; 4-6p MOH 6-9p <i>Cinco de Mayo</i> Social 	 ←

Editor's Note: We do our best to publish an accurate calendar in the monthly newsletter. In case of errors, omissions and changes after publication, find the most up-to-date UUFLG calendar online at www.uuflg.org under Welcome/Calendar. To request updates to the online calendar, email admin@uuflg.org. For recurring event details and contacts, refer to Activities & Programs at <https://uuflg.org>.