



FELLOWSHIP NEWS

The Monthly Newsletter of the Unitarian Universalist Fellowship of Los Gatos

our mission

provide a place where people are inspired to think about and discuss values, ethics, and the meaning of their lives
stimulate spiritual growth in children and adults through exposure to a wide variety of religious thought and experience

provide mutual support, caring and fellowship to our members

provide support of the larger community through service and social action

appreciate and honor our connectedness with all living things

think * grow * care * act * connect

June 2017

Sunday Services at 10:30 am

June Theme – The Father

June 4 – “I send you forth – the New Apostles”

Rev. FaJun

Many of the fundamentalist traditions in the world have an element of evangelism, or “missions” to bring the sacred word of their myth to others. Early in Christianity, Jesus sent his disciples forth as “sheep amidst the wolves,” to preach the Good News. Is there a place for spreading the good word in the lives of secular humanists, Buddhists, and UUs? How do we spread the truly life-saving messages of science and democracy, without falling prey to a fundamentalism of our own? And how do we overcome the fear that can be present when confronting alternative viewpoints? This morning we’ll explore the notion of a new kind of apostle that the world may desperately need.

June 11 – “Spiritual Cafe: Our Future Together”

Lay Led

This Sunday we will hold a Spiritual Cafe, meeting in small groups to discuss a topic of interest to us all: Our Fellowship's future. The board is spearheading a long-term strategic planning process, and input from everyone is needed. What are your hopes and dreams for our Fellowship in five years? Ten? Twenty-five? What are your thoughts on how to achieve those hopes and dreams? Come brainstorm on our future together!

June 18 – “The Father and the Sun”

Rev. FaJun

This Sunday is Father's day, and as usual, it falls near the ancient celebration of the Summer Solstice. Today we shall explore and invoke the archetypal energies of the masculine and the Father. We'll learn to make peace with our outer and inner fathers, and discover what gifts the evolved masculine in all of us may have to uniquely bring to this world.

June 25 – “PRIDE – The state of LGBT rights in America and the World”

Rev. FaJun

Every June, people all over the world participate in Pride, a chance to celebrate, contemplate, and demonstrate in regards to the rights of LGBT people. Today we'll explore the history of this celebration that began right here in the Bay Area, and we'll learn about the state of LGBT rights in our world, and what we can (and should) be doing about it!

July 2 – Second Annual Independence Day Potluck Brunch

Lay Led

Come celebrate our community and our country! There will not be a service this week. Instead, we will gather at 10:30 for a potluck brunch and conversation.

Please bring a dish to share and come prepared to relax and enjoy the company of your fellow UUs!

We invite everyone to join us, without regard to race, gender, age, color, national origin, ethnic background, socioeconomic status, marital status, disability, sexual orientation or gender identity.

We are a Welcoming Congregation, intentionally and openly taking steps to welcome into our community people of all sexual orientations and gender identities.

Events

New to “UU” Evening

June 1,
Thursday
7-8:30 pm



Newcomers, Old-Timers, and those who refuse to self-identify, come join us for an interactive discussion about the foundations of Unitarian Universalism, “UUism”. We’ll talk a bit about the historical origins of the tradition(s), why there’s so much social justice focus, and where we can go together in the future. This class is a great intro for anyone who’d like to learn more about UUFLG and Unitarian Universalism in general.

–Rev. FaJun

How to Meditate – The Path of Meditation

Sunday, June 18, 12:30-2:30 pm

Join us for our monthly meditation class, and the final class in an 18-month series (but don’t worry, if this is your first time joining us, you’re still welcome). In this class, we’ll be giving an overview of the entire path of meditation, and how to practice no matter what our goals are, our ability, our time, and the like. After this overview, we’ll have time to practice some meditation together, and take questions about your personal practice – whether it’s just beginning, or even quite advanced.

–Rev. FaJun

Simple Tai Chi for Health & Self-Defense

Sunday, June 25, 12:30-2:30 pm

This month we’ll be studying simple movements from the Yang Style Tai Chi form that promote health, relaxation, and physical fitness. This class is applicable for every body – no matter your level of physical stamina or ability. In the second half of the afternoon, we’ll look into the self-defense applications of the very same moves we learned for health – creating a fun way to explore the natural movement of our bodies, and how to protect ourselves and others should the need arise. Participants may attend either the first hour, second hour, or both! –Rev. FaJun

Compassionate Communication – Ending the Debate!

Friday, June 30, 7-8:30 pm

Debate is an art that some of us may have learned in high school, or that others of us only hear about (and dread) during an election cycle! But how do we deal with debate-like situations that can emerge in the course of an ordinary conversation? What happens when someone tries to corner you on an issue, or when you find yourself causing tension while you attempt to pick apart the other’s position? How do you deal with “mansplaining” or “monologuing”? These questions and more will be addressed as we practice ways to turn the competitive energy of debate and disagreement into a cooperative container in which both parties can learn!

–Rev. FaJun



Mansplaining “to explain something to someone, characteristically by a man to woman, in a manner regarded as condescending or patronizing.” Lily Rothman of *The Atlantic* defines it as “explaining without regard to the fact that the explainee knows more than the explainer, often done by a man to a woman”, and feminist author and essayist Rebecca Solnit ascribes the phenomenon to a combination of “overconfidence and cluelessness”.

Have something to say to the Board of Trustees? A guest commentary time for members can be made available at the beginning of each monthly Board meeting. Contact Jim Beebe (jbeebeu@gmail.com) for more information.

Submit items for the newsletter by the 20th of the month to Lance Jacobson (editor) at news@uufg.org. Submit as single-spaced Microsoft Word documents in .rtf (rich text format), or plain text.

Building and Grounds Committee Report for July 2016-May 2017

by Ellen Hill

The Building and Grounds Committee has held 9 “Last Saturday” workdays so far this church year. Each workday has had a written agenda, which indicated priority jobs for that month, other tasks to be done if time permitted, and jobs that could be safely done by young people if children accompanied their parent(s) to the workday.

Some of the tasks completed so far this year were:

Building Repairs and Improvements

- Replaced fluorescent tubes, and ballasts where needed, in West Room, kitchen, and women’s restroom
- Reset outdoor light timer
- Checked heating/AC thermostats and operation
- Drained water heater and added new safety sticker
- Hung defibrillator in lobby
- Moved nursery furniture and RE bulletin board as requested by RE staff
- Replaced legs on large nursery table
- Repaired café tables in West Room with missing parts
- Patched holes in rear sanctuary wall

Grounds Repairs and Improvements

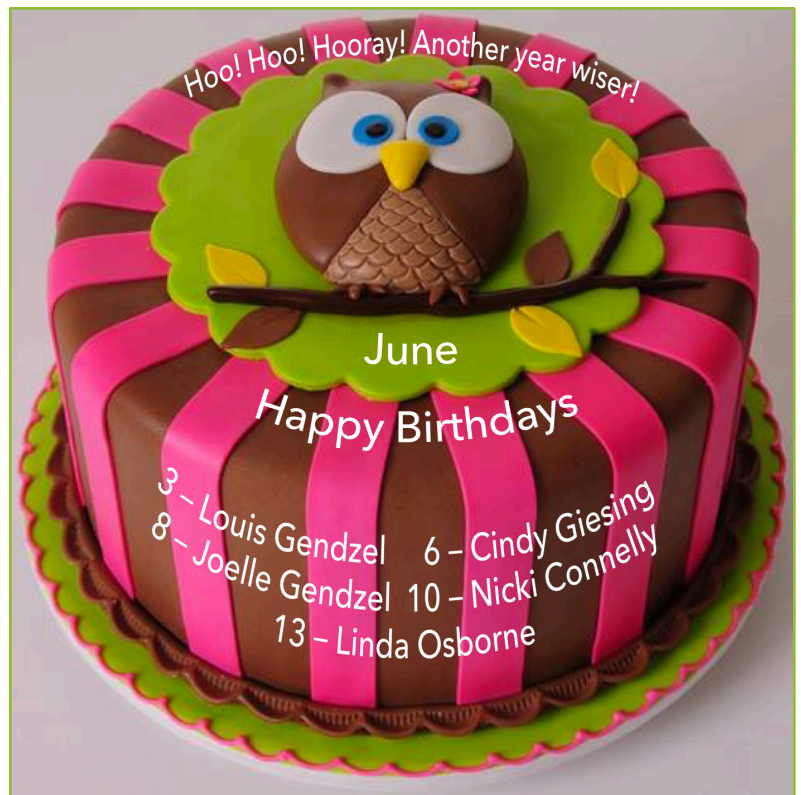
- Repaired and retimed sprinkler/drip irrigation system
- Re-leveled and replanted the large planters outside the West Room (but not all plants are thriving)
- Added drought-resistant groundcover plants in several locations
- Trimmed large bushes when needed
- Distributed compost from our composters
- Made improvements to “Butterfly Garden” play area
- Repaired fences and gates in children’s play areas
- Repaired Velcro closures on fold-up deck tables; added safety strips to deck steps
- Installed and cemented post for the Little Library built by RE students last summer

Cleaning Tasks

- General cleanup prior to Rev. Fa Jun’s installation
- Stripped and re-waxed West Room floor
- Cleaned carpet and chair stains when needed (with mixed results)
- Cobweb removal and deck cleaning
- Monthly washing of coffeepots

Planned Projects for Remainder of 2016-17

- Replace ENTER and EXIT signs with ones more visible at night
- Repaint ENTER/REJOICE/COME IN messages on driveway
- Repaint (or do “touch-up” repainting) on back wall of sanctuary



- Replace long-missing portable ramp for wheelchair access to sanctuary stage

Special thanks to Jim Beebe and Coralee Linton for participating in almost all workdays this past year, to Ron Kirkland for leading the electrical and irrigation repairs (and putting in many extra hours on both), to Edy Young for leading the West Room floor refurbishing project, which required two additional Saturdays to complete, and to Robb Stolberg for ongoing leadership of our composting program.










PFLAG for June’s Share-the-Plate

June 18 is a Share-the-Plate offering Sunday, and non-pledge contributions will be shared with San Jose/Peninsula PFLAG (Parents and Family of Lesbians and Gays).

PFLAG promotes the health and well being of gay, lesbian, bisexual and transgendered persons, their families and friends through: Support, to cope with an adverse society; Education, to enlighten an ill-informed public; and Advocacy, to end discrimination and to secure equal civil rights. PFLAG provides opportunity for dialogue about sexual orientation and gender identity and acts to create a society that is healthy and respectful of human diversity.

June 2017

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|--|--|--|--|---|
| May 28 | 29 | 30 | 31 | 1 | 2 | 3 |
| 10:30-11:30a Service/Children's Religious Education (CRE) 12:30-2:30p How to Meditate – Practice as a Daily Retreat | Memorial Day & Compost Day  | | World No Tobacco Day  | 12-1:30p Retired UU Men's Lunch (RUUMs) 7-8:30p New to "UU" Evening | 2-4p Memoir Writing Group (MW) 4-6p Minister Office Hours by Appt. (MOH) |  |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 9-10:15a Lifespan Learning Committee (Cmte) 10:30-11:30a Service/CRE | 6:30-8p Women's Spirituality Group | 10-11:30a Chalice Circle 12:30-1:30p Connections Cmte | | 9:45a-Noon Morning Women's Group | National Strawberry Rhubarb Pie Day 2-4p MW 4-6p MOH 6-7:30p Men's Circle | |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 9-10:15a Social Action Cmte 10:30-11:30a Service/CRE | | | | 10:30a Finance Cmte 12-1:30p RUUMs 7-8:15p Board | 2-4p MW 4-6p MOH | |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| Father's Day  10:30-11:30a Service/CRE Share-the-Plate | 6:30-8p Women's Spirituality Group | 10-11:30a Chalice Circle | | | 2-4p MW 4-6p MOH |  Pride Weekend (SF) 9a-Noon Building & Grounds Work Party 5-9p Game Night |
| 25 | 26 | 27 | 28 | 29 | 30 | Jul 1 |
| SF Pride Parade  10:30-11:30a Service/CRE | | | | | 2-4p MW 4-6p MOH | Canada Day  |

Editor's Note: We do our best to publish an accurate calendar in the monthly newsletter. In case of errors, omissions and changes after publication, find the most up-to-date UUFLG calendar online at www.uuflg.org under Welcome/Calendar. To request updates to the online calendar, email admin@uuflg.org. For recurring event details and contacts, refer to [Activities & Programs](http://www.uuflg.org) at www.uuflg.org.