



FELLOWSHIP NEWS

The Monthly Newsletter of the Unitarian Universalist Fellowship of Los Gatos

our mission

provide a place where people are inspired to think about and discuss values, ethics, and the meaning of their lives
stimulate spiritual growth in children and adults through exposure to a wide variety of religious thought and experience
provide mutual support, caring and fellowship to our members
provide support of the larger community through service and social action
appreciate and honor our connectedness with all living things

think ✨ grow ✨ care ✨ act ✨ connect

July 2017

Sunday Services at 10:30 am

July Theme – Interdependence

July 2 – 2nd Annual Independence Day Potluck Brunch

Come celebrate our community and our country! There will not be a service this week. Instead, we will gather at 10:30 for a potluck brunch and conversation. Please bring a dish to share and come prepared to relax and enjoy the company of your fellow UUs!

July 9 – “Uniting the Sun and Moon – Alchemy of the Masculine and Feminine Energies”

In the ancient world, our deep psychological processes were often spoken of in the symbolic language of alchemy. One of the greatest alchemical feats was said to be the conjoining of the “masculine” and “feminine” energies that exist in each one of us. Today, we’ll study the symbolism of these energetic types, and how they manifest in our bodies and minds. We’ll see how these styles of relating impact our political world, and learn how to bring these energies into balance within ourselves and our relationships. –Rev. Fa Jun

July 16 – “In Praise of Interdependence”

Interdependence is an obvious facet of every moment of our existence. While one consequence of this is great complexity and possibly stress, there is also great potential for beauty, growth, and harmony. This morning, we will look at some of the many proofs of how we are connected, and explore how we can use those interconnections to make a more beautiful world for us all to inhabit! –Rev. Fa Jun

July 23 – “Karma Without Metaphysics”

The Vedic traditions, Buddhism, even Christianity and Judaism have all spoken deeply about a universal Law of recompense. But do we need a metaphysical belief system to see the value in understanding “karma”, or can it be a principle that fits with a modern, scientific worldview somehow? Today we’ll explore a modernists view of the ancient theory of karma, and how we can use this principle to have a happier life, and more peaceful world. –Rev. Fa Jun

July 30 – “I scream! You scream! We all scream for ice cream!”

Our guest speaker for the July 30 Service, Amy Ettinger, will speak about one of our favorite summer treats – ICE CREAM! Her book [Sweet Spot: An Ice Cream Binge Across America](#), was recently released. In the book, she channels her ice-cream obsession, scouring the United States for the best artisanal brands and delving into the surprising history of ice cream. During her journey, she attends an immersive ice-cream boot camp, bears witness to the vicious turf wars among ice-cream trucks, and samples extreme flavors like foie gras and oyster. Along the way, she encounters larger-than-life characters and uncovers what’s really behind America’s favorite frozen treats. Amy Ettinger is an essayist, journalist and editor. She has written for the *New York Times*, *New York* magazine, *The Washington Post*, *Salon* and the *Huffington Post*.

We invite everyone to join us, without regard to race, gender, age, color, national origin, ethnic background, socioeconomic status, marital status, disability, sexual orientation or gender identity. We are a Welcoming Congregation, intentionally and openly taking steps to welcome into our community people of all sexual orientations and gender identities.

Pack-A-Back Drive July 9-23

Give kids the tools they need for school!

This July, our Fellowship is again participating in the Pack-A-Back Drive with Sacred Heart Community Service. In July, Sacred Heart Center holds a registration day for parents who cannot afford to buy school supplies for their children. Each year, hundreds of parents line up, some waiting in line overnight, to apply for this assistance. Their children return in early August to choose their own backpacks. This year, we will be filling backpacks for 5th and 6th graders.

Beginning July 9, filled backpacks, school supplies from the list below, and cash or checks to purchase supplies will be collected at the fellowship. Shopping lists and a collection box will be in the lobby. Helping to shop for a backpack and supplies can be a great learning opportunity for your children.

If you are donating by check, please make the check out to UUFLG, with Pack-A-Back Drive on the memo line. Checks may be placed in the envelope attached to the collection box or given to one of the Social Action Team members listed below. Monetary donations will be used to purchase additional backpacks and supplies; these backpacks will be filled by our RE students on July 30. All backpacks will be delivered to Sacred Heart by August 4.

Non-pledge contributions from our Share-the-Plate offering on July 16 will go toward this Pack-A-Back Drive.

Questions? Contact Jim Beebe (408-315-5066), Sue Ann Lorig (408-827-4304), or Ellen Hill (408-371-5776).



Supply List for Grade 5 & 6

- 1 new backpack (NO red or blue)
- 1 binder (1-2 inches thick)
- 2 pocket folders
- 1 pack of wide-ruled paper
- 3 spiral notebooks (wide-ruled)
- 1 scientific calculator
- 1 pack of mechanical pencils
- 1 pack of ballpoint pens
- 3 red pens
- 1 pack of colored pencils
- 2 highlighters
- 1 ruler
- 1 glue stick
- 1 pair of scissors
- 1 eraser
- 1 USB flash drive
- 1 stick of deodorant
- 1 \$20 gift card for shoes

**June's Share-the-Plate raised \$378
for San Jose/Peninsula PFLAG!
Thank you!**

Thursday Women's Group

This group meets the second Thursday of each month from 9:45 to noon and is open to all members and friends who identify as women. The purpose of the group is to promote friendship and community building among women in the Fellowship.

We assist on projects that benefit our Fellowship, participate in a project that benefits the larger community, and discuss an article from the *UU World* magazine at each gathering.

We are seeking new participants with fresh ideas to revitalize this long-running group. Join us!


Donna Brewer, Convener



Have something to say to the Board of Trustees? A guest commentary time for members can be made available at the beginning of each monthly Board meeting. Contact Jim Beebe (jbeebeu@gmail.com) for more information.

Submit items for the newsletter by the 20th of the month to Lance Jacobson (editor) at news@uufg.org. Submit as single-spaced Microsoft Word documents in .rtf (rich text format), or plain text.

July 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3	4	5	6	7	1 / 8
9-10:15a Lifespan Learning Committee (Cmte) 10:30-12p ★★ Independence Day Potluck Brunch ★★	6:30-8p Women's Spirituality Group	 Independence Day		12-1:30p Retired UU Men's Lunch (RUUMs)	2-4p Memoir Writing Group (MW) 4-6p Minister Office Hours by Appt. (MOH)	
9	10	11	12	13	14	15
Pack-a-Back Drive for School with Sacred Heart Community Service 9-10:15a Social Action Cmte 10:30-11:30a Service/CRE	7:30-9:30p Great Books Discussion	2-3:30p Caring Cmte		9:45a-Noon Morning Women's Group	2-4p MW 4-6p MOH 6-7:30p Men's Circle	
16	17	18	19	20	21	22
Pack-a-Back Drive for School with Sacred Heart Community Service 10:30-11:30a Service/CRE	6:30-8p Women's Spirituality Group	10-11:30a Chalice Circle		10:30a-12p Finance Cmte 12-1:30p RUUMs 7-8:15p Board	2-4p MW 4-6p MOH	
23	24	25	26	27	28	29
Pack-a-Back Drive for School with Sacred Heart Community Service 10:30-11:30a Service/CRE					2-4p MW 4-6p MOH	9a-12p Building & Grounds Work Party 5-9p Game Night @ the Fellowship
30	31	Aug 1	2	3	4	5
RE Children Assemble Backpacks with Donated School Supplies 10:30-11:30a Service/CRE 11:30a-12:30p Children's Book Exchange		10-11:30a Chalice Circle 12:30-1:30p Connections Cmte		12-1:30p RUUMs	2-4p MW 4-6p MOH	

Editor's Note: We do our best to publish an accurate calendar in the monthly newsletter. In case of errors, omissions and changes after publication, find the most up-to-date UUFLG calendar online at www.uuflg.org under Welcome/Calendar. To request updates to the online calendar, email admin@uuflg.org. For recurring event details and contacts, refer to [Activities & Programs](#) at www.uuflg.org.