



# FELLOWSHIP NEWS

*The Monthly Newsletter of the Unitarian Universalist Fellowship of Los Gatos*

## our mission

think about our lives   grow spiritually   care for each other  
act to make a better place   honor how all things connect

**June 2018**

Sunday Services at 10:30 am

## June 3 – “Enhancing our Welcome”

To kick off this Pride month, let's revisit the idea of being a 'Welcoming' congregation. We'll refresh our understanding of why this is important, and we'll study some of the subtle ways we can enhance the creation of a safe, welcoming, and loving space for all people, and especially this month, our LGBTQ+ friends! –Rev. Fa Jun

## June 10 – Spiritual Cafe: This Being Human

This Sunday we will hold our first Spiritual Cafe of 2018, meeting in small groups for in-depth discussion of questions of interest. The questions this time will center on the poem “This Being Human” by the 13th-century Sufi poet Rumi. The poem compares being human to being a guest house, with new arrivals every day. We will explore how we respond to and treat the arrivals in our lives, and how they influence us.

## Aloha Annual Auction

**Saturday, June 16, 5-9 pm**

Our auction theme this year is the beautiful spirit of Aloha! In traditional Hawaiian culture, aloha conveys love, peace and compassion (in addition to hello and goodbye).

Always a fun event, we will have a lot of wonderful things to bid on donated by congregants and local businesses. Since services that our members offer are the biggest hits, please think of what you can do that is useful or fun for someone else and donate! For example, running some errands, “UUer” rides to the airport, gardening chores, a hike with lunch, dinner party. Be creative!

It takes a great team to put on a successful event. Our auction planning team could use your help! Please contact Ann Campbell, Laurie Roberts or Donna Brewer to lend a hand.

Sure to be an enjoyable evening, make plans to attend!



## June 17 – “Spiritual Courage in a Disruptive World”

In a culture celebrating disruption and disruptive innovations more than ever, how (and why) might the concepts of spirituality, of courage and of change be understood and meaningfully integrated into our lives?

–Rev. Stefanie Etzbach-Dale, Guest Minister

## June 24 – “Pride and Humility – A delicate balance”

At the end of a month of Pride, it will benefit us to contemplate what role pride plays in our healthy psychological lives, and the importance of this fundamental stance in the LGBTQ+ rights movement. How does the pride it takes to stand up for what's right balance with the humility encouraged by many spiritual traditions? How do we confront spiritual language that is meant to keep people small and silent? Is there a way to hold both these stances in mind? Come find out this Sunday morning!



As a Welcoming Congregation, the UUFLG welcomes everyone into our community, without regard to race, gender, age, color, national origin, ethnic background, socioeconomic status, marital status, disability, sexual orientation or gender identity.



of Parents, Families and Friends of Lesbians and Gays (PFLAG).

PFLAG promotes the health and well-being of gay, lesbian, bisexual and transgendered persons, their families and friends through: support, to cope with an adverse society; education, to enlighten an ill-informed public; and advocacy, to end discrimination and to secure equal civil rights. PFLAG provides opportunity for dialogue about sexual orientation and gender identity, and acts to create a society that is healthy and respectful of human diversity. PFLAG also works to make sure that all people who are lesbian, gay, bisexual, transgender and queer are not only valued by society, but take pride in and value themselves. They do this through providing peer-to-peer support, educating people on the issues that are important to the community, and advocating for inclusive policies and laws. Learn more at [pflagsanjose.org](http://pflagsanjose.org). –UUFLG Social Action Committee

## How to Meditate – Further reflections on Pride and Humility

**Sun., June 24, 12:30 pm**

Many spiritual traditions use pride and humility as keys to understanding and entering meditative states of awareness or insight. In the Daoist tradition, we are encouraged to seek the lowest place, whereas in yogic Buddhism, they hold a notion of Divine Pride. Rather than contradicting each other, these stances refer to specific meditation practices that can catalyze states of peace, healing, and relaxation within us. Learn more about them in this month's meditation class!

## Save the Date! Long-Term Visioning Leadership Retreat

**Sat., Sept. 8, 1-4 pm**

All committee chairs and members are encouraged to attend this afternoon-long retreat focused on brainstorming, sharing ideas, and refining our long-term vision as a Fellowship. More details to come!

## June Share-the-Plate Beneficiary: PFLAG

This month, the Sunday service offertory on June 17 (except for checks and envelopes marked "pledge"), will go to the San Jose & Peninsula Chapter

## May's Share-the-Plate

In May, we collected \$609 at our special collection for the National Alliance for Mental Illness (NAMI) Santa Clara County. Thank you for supporting their work to help anyone concerned about mental illness and its treatment in our county.

**Thank you for your generosity!**



## JUNE HAPPY BIRTHDAYS



**3<sup>RD</sup> LOUIS GENDZEL**  
**6<sup>TH</sup> CINDY GIESING**  
**8<sup>TH</sup> JOELLE GENDZEL**  
**13<sup>TH</sup> LINDA OSBORNE**

To be added to the birthday list and to request a mailed card instead of an ecard via email (default), simply email [admin@uuflg.org](mailto:admin@uuflg.org) or leave a message at (408) 358-1212. The office will forward requests to our Caring Committee.

Submit items for the newsletter by the 20th of the month to Lance Jacobson (editor) at [news@uuflg.org](mailto:news@uuflg.org). Submit as single-spaced Microsoft Word documents in rich text format (.rtf) or plain text.



## National River Cleanup Day, May 19th

Congregants from our Fellowship joined the national Saturday morning cleanup at a new site this spring: A beautiful section of the Los Gatos Creek Trail between Leigh and Meridian avenues in San Jose. Cleanup participants enjoyed seeing spring wildflowers in bloom and watching the ducks, geese and other birds who would have a much cleaner habitat by the end of the morning.

If you missed the cleanup, mark your calendar now for the next one, on Saturday, September 15!



*The Ditzler Girls looking fabulous creekside.*

*Father-daughter dynamic duo.*



*The Roberts witness unbridled and infectious enthusiasm.*

*Pausing to enjoy the flora and fauna.*



Do you have something to say to the Board of Trustees? A guest commentary time for members can be made available at the beginning of each monthly Board meeting. Contact Lynn Golbetz ([lynngolbetz@comcast.net](mailto:lynngolbetz@comcast.net)) for more information. View the minutes of Board meetings online at [uufg.org/board-of-trustees-minutes/](http://uufg.org/board-of-trustees-minutes/).





# *Aloha Annual Auction*

*Saturday, June 16*  
*doors open 5 pm*



*Silent auction*  
*Hawaiian food*  
*Raffle*  
*Live auction*

*\$5 raffle  
ticket  
6 for \$25*

*\$10 entry includes food*

# June 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
May 27	28	29	30	31	1	2
10:30-11:30a Service & Children's Religious Exploration (CRE)					1-2p Connections C. 2-4p Memoir Writing	8a-4p Habitat for Humanity Project (Central Ave, Fremont)
3	4	5	6	7	8	9
9-10:15a CRE Committee (C.) 10:30-11:30a Service & CRE 3-4p Men's Circle		10-11:30a Chalice Circle		12-1:30p Retired UU Men's Lunch (RUUMs) 4-6p Minister Ofc Hrs by Appt (MOH)	2-4p Memoir Writing	10a-12p Resistance Choir
10	11	12	13	14	15	16
9-10:15a Social Action C. 10:30-11:30a Service & CRE 3-4p Men's Circle	7-9p Resistance Choir 7:30-9:30p Great Books Discussion	10:30a-12p Finance C. 2-3:30p Caring C.		9:45a-12p Morning Women's Group 4-6p MOH 7-8:15p Board	2-4p Memoir Writing	5-9p Aloha Annual Auction
17	18	19	20	21	22	23
<b>Father's Day</b> 10:30-11:30a Service (Share-the-Plate: PFLAG) & CRE		10-11:30a Chalice Circle		12-1:30p RUUMs	2-4p Memoir Writing	
24	25	26	27	28	29	30
10:30-11:30a Service & CRE 11:30a-12:30p Children's Book Exchange			6-7:30p Men's Circle	4-6p MOH	2-4p Memoir Writing	9a-12p Building & Grounds Workshop 6-9p Game Night

**Note:** In case of errors, omissions and changes after publication, find the most up-to-date calendar online at [www.uuflg.org](http://www.uuflg.org). To request updates to the online calendar, email [admin@uuflg.org](mailto:admin@uuflg.org). For recurring event details and contacts, refer to [Activities](#) & [Programs](#) online.