



FELLOWSHIP NEWS

The Monthly Newsletter of the Unitarian Universalist Fellowship of Los Gatos

our mission

think about our lives grow spiritually care for each other
act to make a better place honor how all things connect

August 2018

Sunday Services at 10:30 am

August Theme The Warrior Within

Aug. 5 – “Finding Truth in a Post-Truth World”

Perhaps you’ve heard this term “post-truth”, or maybe its cousin, “alternative facts”. The real truth is that we’re living in a world where truth is hard to come by. We’re barraged by information on all sides, yet it can be difficult to find the data we need to make good decisions. We might be left with a feeling of confusion and disempowerment. This morning, we’ll discover ways to combat this disempowerment and confusion, and navigate the strange webs of information this modern age offers us. –Rev. Fa Jun

Aug. 12 – “Uncoupling Politics and Religion”

If there were ever two off-limits subjects for a friendly conversation, they’re religion and politics. What is it about these two domains that creates such fertile ground for vehement opposition? There’s something about both politics and religion that tends to lead us away from connection and empathy, and toward opposition and misunderstanding. This morning, we’ll find out what that something is, and what we can do about it to create more kindness and connection in all our relationships. –Rev. Fa Jun

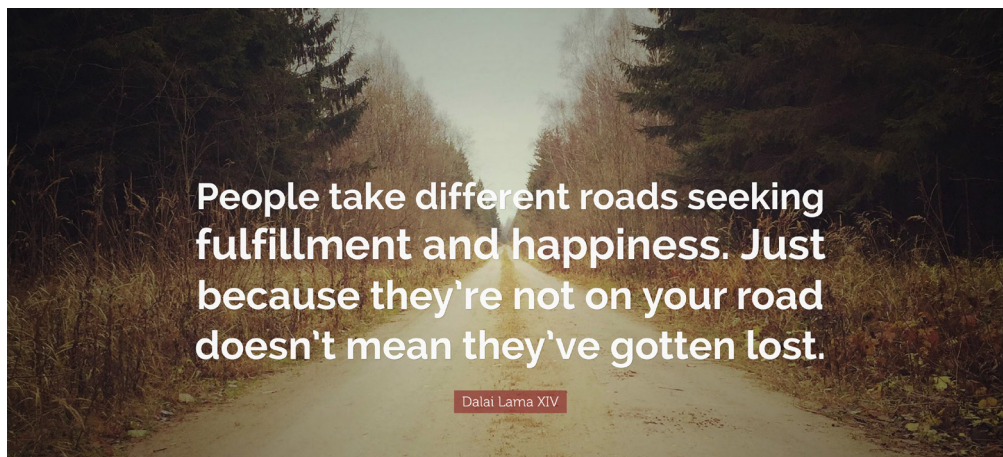
Aug. 19 – Spiritual Cafe

This Sunday we will hold a Spiritual Cafe, meeting in small groups for in-depth discussion of questions of interest. This will be a lay-led service, and the topic of discussion will be shared ahead of the service in our *Weekly Update*.

Aug. 26 – “Don’t Stress, Strategize!”

Sources of potential stress are literally everywhere. What makes the difference between whether we rise to the challenge of what is facing us, or wilt beneath the pressure? One big factor is whether we feel empowered, hopeful that there is something we can do in the situation, and that we know our next best step forward.

In today’s sermon, we’ll take a look at some of the scariest stressors out there, and how we can employ the power of strategizing to give us the fundamental empowerment of knowing our next step. This will not only ease our minds, but can make us more effective and decisive in the process! –Rev. Fa Jun



As a Welcoming Congregation, the UUFLG welcomes everyone into our community, without regard to race, gender, age, color, national origin, ethnic background, socioeconomic status, marital status, disability, sexual orientation or gender identity.

LifeMoves

Breaking the Cycle of Homelessness

August Share-the-Plate Beneficiary: LifeMoves, Georgia Travis House

This month, the offertory on Aug. 19, except for checks and envelopes marked “pledge”, will support LifeMoves, Georgia Travis House in San Jose.

The Georgia Travis House provides interim housing and supportive services for homeless families and individuals to rapidly return to stable housing and achieve long-term self-sufficiency.

The LifeMoves therapeutic model drives transformation at the source of homelessness rather than treating the symptoms. This successful model combines safe, clean, modern housing with intensive support services that promote dignity and motivate clients to achieve autonomy.

93% of families and 72% of individuals who complete the LifeMoves program achieve stable housing and self-sufficiency.

Also noteworthy is LifeMoves’ exceptional 4-star rating from Charity Navigator. Only a quarter of charities rated by Charity Navigator receive the 4-star rating. This indicates that your contribution to LifeMoves Georgia Travis House will be well invested.

–UUFLG Social Action Committee



July's Share-the-Plate

In July, we collected \$534 for Sacred Heart Community Service's **Pack-a-Back Drive**, in addition to donated school supplies and backpacks. The drive was ongoing at the time this was written. We'll give a full report next month. Thank you for investing in our future talent, giving students the tools they need to learn.

Thank you for your generosity!

AUGUST HAPPY BIRTHDAYS



16TH SHARON GRAHAM
22ND JUSTINE KIRKLAND
23RD MATTHEW FITCH
24TH BRENT BROWNING
27TH ROBB STOLBERG
29TH JEREMIAH KIRKLAND

To be added to the birthday list and to request a mailed card instead of an ecard via email (default), simply email admin@uuflg.org or leave a message at (408) 358-1212. The office will forward requests to our Caring Committee.

Submit items for the newsletter by the 20th of the month to Lance Jacobson (editor) at news@uuflg.org. Submit as single-spaced Microsoft Word documents in rich text format (.rtf) or plain text.

Salad Luncheon

Thu. Aug. 9, 11:30 am to 1:30 pm

Members of the Thursday Women's Group are hosting their Second Annual Salad Luncheon for members and friends in the West Room.

Come and enjoy good food and good fellowship!

RSVP to Donna Brewer, donna vb@hotmail.com or (669) 234-4336.

Save the Date!

Sept. 8 Leadership Retreat 1-4pm

Calling all community leaders! Members of committees, volunteers for working groups and board members, join us for a Saturday afternoon of light refreshment, good company and fulfilling inner work!

In this meeting, we'll go over our Fellowship's vision of how we are moving forward toward our most important goals. We'll shape and refine our sense of what we collectively offer to our community, and how we can be even more effective at those offerings. Specifically, we'll work with up-leveling how functional each committee is on their own, as well as how we can increase our interconnection between groups so that our Fellowship can take full advantage of all the talent, generosity and inspiration that its members bring.

We hope all our leaders can join us for this very important, regenerative and fun meeting!



Save the Date!

Coastal Cleanup

Sat. Sept. 15, 9am to Noon

UUFLG will help clean a local creek – and help keep litter out of the bay – on **Coastal Cleanup Day, Sept. 15.**

Watch for site location and other details in our September newsletter and weekly updates.



Do you have something to say to the Board of Trustees? A guest commentary time for members can be made available at the beginning of each monthly Board meeting. Contact Lynn Golbetz (lynngolbetz@comcast.net) for more information. View the minutes of Board meetings online at uuflg.org/board-of-trustees-minutes/.

**August
2018**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
July 29	30	31	1	2	3	4
10:30-11:30a Service & Children's Religious Exploration (CRE)				12-1:30p Retired UU Men's Lunch (RUUMs) 4-6p Minister Ofc Hrs by Appt (MOH)	1-2p Connections C.	10a-12p Resistance Chorus (RC)
5	6	7	8	9	10	11
9-10:15a CRE Committee (C.) 10:30-11:30a Service & CRE 3-4p Men's Circle	7-9p Resistance Chorus	10-11:30a Chalice Circle		11:30a-1:30p Morning Women's Group (Salad Lunch!) 7-8:15p Board		
12	13	14	15	16	17	18
8:30-10:15a Social Action C. 10:30-11:30a Service & CRE		10:30a-12p Finance C. 2-3:30p Caring C.	12p Sunday Services C. web meeting only	12-1:30p RUUMs 4-6p MOH		
19	20	21	22	23	24	25
10:30-11:30a Service (Share-the-Plate: Life Moves - Georgia Travis House) & CRE		10-11:30a Chalice Circle		4-6p MOH		9a-12p Building & Grounds Workday 10a-12p RC 6-9p Game Night
26	27	28	29	30	31	Sep. 1
10:30-11:30a Service & CRE 11:30a-12:30p Children's Book Exchange	7-9p Resistance Chorus		6-7:30p Men's Circle	4-6p MOH		

Note: In case of errors, omissions and changes after publication, find the most up-to-date calendar online at www.uuflg.org. To request updates to the online calendar, email admin@uuflg.org. For recurring event details and contacts, refer to [Activities & Programs](#) online.