



# FELLOWSHIP NEWS

*The Monthly Newsletter of the Unitarian Universalist Fellowship of Los Gatos*

## our mission

think about our lives grow spiritually care for each other  
act to make a better place honor how all things connect

**December 2018**

Sunday Services at 10:30 am

## December Theme

### *The Light Within the Dark*

#### **Dec. 2 – “The Art of Optimism: How to Find the Light within the Dark”**

It may not seem like the time for optimism when things look so dark in the world, but this is exactly the time when we need the power that comes from seeing what is possible. Not all optimism is created equal. This morning, we'll learn how to stay positive without going into denial and to leverage this energy to help those who need it most! –Rev. Fa Jun

#### **Dec. 9 – “Unitarian Christianity: Why the World needs It!”**

The Unitarians and Universalists started as Christians who held beliefs outside the norm of mainstream Christianity. These people of faith discovered many truths in their religion about how we can be kinder and more loving to our fellow beings – truths that the world needs now! –Rev. Fa Jun

#### **Dec. 16 – “Be a Sun, Not a Moon”**

In many spiritual traditions around the world, a similar sentiment is shared; rather than be dragged reactively about by the circumstances of our lives, we can be motivated from within by our values. This morning, we'll explore teachings from Jesus, Rumi, the Buddha, and others, which help us learn to find the strength to radiate our light from within and be our own guiding star. –Rev. Fa Jun



#### **Dec. 23 – “The Light Within the Dark”**

Bring a book...bring some chocolate...we'll provide the candles! At this intergenerational, lay-led service, we'll exchange books and sweets, sing carols, and celebrate both the closeness and coziness of this darkest time of the year, and the glad knowledge that the light will return.

#### **Dec. 30 – “Vision Board Revisited!”**

Around the world, New Years is a time of re-evaluating our priorities, making new plans, and letting go of the year past. Many of us in the fields of personal motivation or New Age schools of thought have done the practices of making a “vision board” as a ceremony to call our intentions into reality. This morning, we'll discover important science to help realize our goals and visions, and tips from the mystics of the ages on changing our lives for the better. –Rev. Fa Jun



#### **Community Meditation Sun., Dec. 9, 12:30 - 1:30 pm**

Member Edy Young will stand in for Rev. Fa Jun this month. Edy will guide us in the Loving Kindness meditation with words and in sitting in gentle silence together. Meditators with all levels of experience are welcome. Just beginning to years of experience – join us!

As a Welcoming Congregation, the UUFLG welcomes everyone into our community, without regard to race, gender, age, color, national origin, ethnic background, socioeconomic status, marital status, disability, sexual orientation or gender identity.

**Unitarian Universalist Fellowship of Los Gatos**  
*Open Minds, Loving Hearts, Serving Hands*

# DECEMBER

**7<sup>TH</sup> LUKE CHACON**  
**13<sup>TH</sup> SPENCER JENSEN**  
**14<sup>TH</sup> AUDREY BANERJEE**  
**15<sup>TH</sup> ERMA BROWNING**  
**20<sup>TH</sup> CHARLIE HOLST**  
**26<sup>TH</sup> ALISON HURWITZ**  
**28<sup>TH</sup> YVONNE LIU**  
**30<sup>TH</sup> JACK STUBSTAD**



## HAPPY BIRTHDAYS

To be added to the birthday list and to request a mailed card instead of an ecard (default), email [admin@uufg.org](mailto:admin@uufg.org) or leave a message at (408) 358-1212 and your request will be forwarded to our Caring Committee.

### November & December Shared Plate

In November, we collected **\$525** for Martha's Kitchen, which serves not only as a soup kitchen offering meals at its location in San Jose, but distributes meals and other foods wherever needed in several counties. Thank you for your generosity!

In December, the Shared Plate beneficiary will be **Second Harvest Food Bank of Silicon Valley**. All contributions (except those marked "pledge") to the offertory on Sun., Dec. 16 will benefit Second Harvest Food Bank. Please make checks to "UUFLG" with Second Harvest Food Bank in the memo line. This is in coordination with our Annual Food Drive, supporting this organization. See the Annual Food Drive article in this newsletter for more details.

**UUFLG RENTAL SPACE**  
**AVAILABLE!**  
**GREAT FOR ALL**  
**SORTS OF EVENTS!**

Spread the word to family, friends, neighbors and colleagues that we have a venue suitable for recitals, weddings, memorials, parties and more! We welcome your ideas to increase our rental income!  
**Contact** Donna Brewer, [donna vb@hotmail.com](mailto:donna vb@hotmail.com) or (408) 358-1212.

### UUA Disaster Relief Fund

In a recent email to Friends of the UUA, Christopher Hartley, Deputy Director of Stewardship & Development, wrote:

"With fires continuing to rage up and down California, UUs and their neighbors in the affected areas are facing these dangerous conditions head on.

I invite you to contribute to the UUA Disaster Relief Fund so the UUA can provide financial assistance to UU congregations impacted by this and other natural disasters.

In addition to facilitating their own disaster recovery, congregations – and other UU entities – receiving disaster relief funds have discretion to provide financial assistance to their members, as well as to support local partner organizations serving the community at large.

Your donation to the Disaster Relief Fund will help UUs and their communities recover from the California fires.

This summer the UUA provided grants to congregations in California and Colorado also affected by devastating wildfires...

The UUA offers a variety of online resources for congregations, individuals, and families who have experienced a disaster or other traumatic event."

Learn more at [uua.org/giving/areas-support/funds/disaster-response](http://uua.org/giving/areas-support/funds/disaster-response)

Do you have something to say to the Board of Trustees? A guest commentary time for members can be made available at the beginning of each monthly Board meeting. Contact Lynn Golbetz ([lynn golbetz@comcast.net](mailto:lynn golbetz@comcast.net)) for more information. View the minutes of Board meetings online at [uufg.org/board-of-trustees-minutes/](http://uufg.org/board-of-trustees-minutes/).





## Add the Food Bank to Your Shopping List! Support Our Annual Food Drive!

UUFLG's Annual Food Drive for Second Harvest Food Bank began Nov. 25 and continues through Dec. 9. As you are shopping for holiday meals, remember to add a few extra cans to your cart for the many struggling families and seniors who depend on Food Bank assistance. If possible, have your children help choose, buy and bring in some items for the food drive collection box in the Fellowship foyer. This can help move their focus from "what *I* want for Christmas" to "How can I *help others* this holiday season?"

### Most needed foods are:

- tuna or canned meat
- peanut butter
- soup, stew, chili
- canned foods with pop-top lids
- canned fruits packed in juice
- low-sodium canned vegetables
- canned tomatoes/ tomato sauce
- low-sugar cereals

No glass  
containers,  
please.  
Thanks!

Cash and check donations are also very welcome and can be made at the Shared Plate offering for Second Harvest Food Bank on Sun, Dec. 16. All contributions (except those marked "pledge") will benefit Second Harvest Food Bank of Silicon Valley.

If you may not be in attendance then, please either put your monetary donation in the collection box or give it to Sue Ann Lorig or Jim Beebe. Please write checks to UUFLG, with Second Harvest Food Bank in the memo line.



## Annual Holiday Boutique! Sun., Dec. 2 & Dec. 9

Stock up on cool crafts and scrumptious goodies before and after the services on 12/2 and 12/9. Also on 12/9, return from lunch to shop from 2 to 4 pm.

The money raised helps us fund programs, pay staff, maintain our building and grounds, and meet other expenses of the Fellowship.

Contact Donna Brewer (donnavb@hotmail.com) to contribute items and volunteer for this holiday fundraiser.



Submit items for the newsletter by the 20th of the month to Lance Jacobson (editor) at [news@uuflg.org](mailto:news@uuflg.org). Submit as single-spaced documents in rich text format (.rtf) or plain text.

## December 2018

\* At publishing time, there were no UUFLG activities on 12/1/18.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2*	3	4	5	6	7	8
<b>Annual Food Drive Continues</b> 9-10:15a CRE Committee (C.) <b>10a-1p Holiday Boutique</b> 10:30-11:30a Service & CRE		10-11:30a Chalice Circle		12-1:30p Retired UU Men's Lunch (RUUMs) 4-6p Minister Office Hours by Appt (MOH)	1-2p Connections C. 2-4p Memoir Writing (offsite)	10a-12p Resistance Chorus
9	10	11	12	13	14	15
<b>Annual Food Drive Ends</b> 8:30-10:15a Social Action C. <b>10a-1p Holiday Boutique</b> 10:30-11:30a Service & CRE <b>2-4p Holiday Boutique</b> 3-4p Men's Circle	7-9p Resistance Chorus	10:30a-12p Finance C. 2-3:30p Caring C.		9:45a-12p Morning Women's Group 4-6p MOH 7-8:15p Board	2-4p Memoir Writing (offsite)	
16	17	18	19	20	21	22
10:30-11:30a Service (Shared Plate: Second Harvest Food Bank) & CRE		10-11:30a Chalice Circle	10:30a Sun. Services C. Online only	12-1:30p RUUMs 4-6p MOH	2-4p Memoir Writing (offsite)	
23	24	25	26	27	28	29
10:30-11:30a Service & Children's Religious Exploration (CRE)	<b>Christmas Eve</b>	<b>Christmas Day</b> 	6-7:30p Men's Circle	4-6p MOH	2-4p Memoir Writing (offsite)	9a-12p Bldg. & Grounds Workday 6-9p Game Night
30	31	Jan 1	2	3	4	5
10:30-11:30a Service & CRE	New Year's Eve	<b>New Year's Day</b> <b>★2019★</b>		12-1:30p RUUMs 4-6p MOH	1-2p Connections C. 2-4p Memoir Writing (offsite)	

**Note:** This calendar is intended for events relevant to the life of the Fellowship. For a complete calendar of UUFLG facilities use, which includes rentals, view the online calendar at [www.uuflg.org](http://www.uuflg.org). In case of errors, omissions and changes after newsletter publication, find the most up-to-date calendar online. To request updates to the online calendar, email [admin@uuflg.org](mailto:admin@uuflg.org). For recurring event details and contacts, refer to [Activities & Programs](#) online.