



Unitarian Universalist Fellowship of Los Gatos

# What's Happening

*Open Minds, Loving Hearts, Serving Hands*

February 13 - March 5 \*

\* Next week my family is on vacation so this issue covers the next 3 weeks at UUFLG, and the next issue will come out Feb. 27. Mahalo! –Lance Jacobson, editor

**February 16, Sunday, 10:30a**

## Love Notes

Join us for a music-infused talk on one woman's discovery of the not so subtle art of transformation, aka the Universe's "Love language". Singer/songwriter Gina René and keyboardist/music producer Million 7, will perform "Love Notes", an interweaving of Gina René's original songs and personal stories, revealing how her greatest challenges have propelled her growth as an artist, woman, and mother and led to greater connection with family and the world. Her intention is to inspire and uplift the audience to discover the Universe's "Love language" and the messages and opportunities present in every moment, from the mundane to the profound.

**Children & Youth Religious Exploration (CYRE)** classes begin after all ages have gathered together as a fellowship. This Sunday, in honor of Presidents Day, children and youth will break out to consider how leaders show love for their communities. Next Sun. (2/23), children and youth will show love for people in the community experiencing homelessness by packing survival sacks and hygiene kits.



Women's Group

2/13, Thursday, 10:30a-12p



Board of Trustees

2/13, Thursday, 7- 8:15p



True Tales Memoir-Writing

2/14, 2/21 & 2/28, Friday, 2-4p



Chalice Circle

2/18 & 3/3, Tuesday, 10-11:30a



Co-Op Watercolor

2/19, 2/26 & 3/4, Wednesday, 1p-3p



Retired UU Men's Lunch

2/20 & 3/5, Thursday, 12-1:30p



Meditation

2/23, Sunday, 12:15-1:15p



Building & Grounds Workday

2/28, Friday, 9a-12p



Game Night

2/29, Saturday, 6-9p



CYRE Committee

3/1, Sunday, 9-10:15a



Caring Committee

3/3, Tuesday, 1-2p



February 2-16

# Survival Sack Drive Wraps Up This Sunday

This Sunday is the **last day** to contribute personal hygiene items, socks, and underwear for the "survival sacks" and smaller "hygiene kits" that Sacred Heart Community Service distributes to its homeless clients. Cash or check donations are also most welcome and will be used to purchase any items in short supply. Write checks to UUFLG, with "survival sacks" in the memo line.

Students in our youth classes will pack the sacks and kits on Sunday, Feb. 23.

The survival sacks are backpacks containing 3 months of supplies; Sacred Heart distributes about 100 of these each month. Because underwear and socks are included, men's and women's sacks are packed.

## Items for one survival sack

- |  |  |
|--|--|
| 1 rain poncho                                      | 1 small blanket                                |
| 2 pairs of underwear<br>(most needed: men's L, XL) | toothbrush and full-size tube of<br>toothpaste |
| 2 pairs of socks<br>(men's or women's)             | deodorant (3.5 oz. size)                       |
| 1 small first aid kit                              | shampoo  |
| 1 washcloth  | comb   |
| 1 bar of soap (3 oz.)                              | razor  |
|  | 2 rolls toilet paper                           |

The hygiene kits are small bags of hygiene items that are available at Sacred Heart on an ongoing basis to those in need. All items for these kits should be small (travel-size or hotel-amenity size) in order to fit into a gallon ziplock bag.

## Items for one hygiene kit

- |                   |             |             |
|-------------------|-------------|-------------|
| toothbrush        | toothpaste  | deodorant   |
| shampoo           | conditioner | hand lotion |
| body wash or soap |             | razor       |
| comb              |             | tissue pack |
| washcloth         |             | mouthwash   |

With your help, we hope to fill 15 backpacks and 15 bags on Feb. 23!

---

Send announcements to [comms@uufg.org](mailto:comms@uufg.org) by Tuesday of that week's issue.

Announcements are edited for brevity, clarity, and style.

Reading this on our website and want to receive future issues in email? Signup [here](#). Reading this as a paper copy? Send a request to [comms@uufg.org](mailto:comms@uufg.org) for email delivery.

## February Shared Plate Beneficiary

# Village Harvest

This Sunday, 2/16, we will hold our Shared Plate offering for February. Offertory contributions not marked as a pledge will benefit Village Harvest.

Village Harvest is a nonprofit volunteer organization in the greater San Francisco Bay Area which harvests fruit from backyards and small orchards to help people in need in our community. It helps people share the abundance of their gardens and their talents to build a healthier community for all.

Your extra fruit can make a meaningful difference for the 1 in 10 people in our community who need healthy food. Don't let your fruit go to waste or become a mess. Visit our Harvesting page for information on how you can offer your extra fruit for possible harvesting by Village Harvest volunteers, or pick yourself and donate to an organization near you.

Have fun volunteering while making a difference for thousands in the community. Our harvests are filled with abundant fruit, grateful tree owners, and the community spirit of over 1,000 people who volunteer every year. Sign up through the Events calendar or learn more in the Volunteers section.

<https://www.villageharvest.org>

---

February 23, Sunday, 10:30a

## How to Love Your Neighbor

Many of us are concerned by the divisions and isolation that characterizes our age. We long to follow spiritual injunctions to love our neighbor. When we try though, we find it takes not only enthusiasm but skill. This morning, learn a few of these important skills and download a crucial update to the Golden Rule. –Rev. Fa Jun, Minister

---

March 1, Sunday, 10:30a

## Journeying from Fear to Power

In this age where chaos and conflict seem so easy to find, how are we to deal with the very real fears that may arise in us for our world, our loved ones, and ourselves? When we are afraid, there is a great abundance of *energy* and *attention* arising in us. What if this power could be channeled toward proactively making the changes we know will help us all. This morning, guest speaker Sat Ardas Singh will share perspectives, stories, and specific practices to help us move from fear and confusion toward greater agency and engagement.

---

**Unitarian Universalist Fellowship of Los Gatos**

15980 Blossom Hill Rd., Los Gatos

(enter from Old Blossom Hill Rd.)