



Unitarian Universalist Fellowship of Los Gatos

What's Happening

open minds, loving hearts, serving hands

July 9 - July 23

July 12, Sunday, 10:30a, Live Video/Phone-In Only

Our UU Principles as a Life Practice

The Seven Principles of Unitarian Universalism form the backbone of our shared values. Many of us can only remember the first and the seventh, but that's okay! It's not only because of the way the brain remembers (and forgets), but because they epitomize the two main aspects of our overall stance – individual worth and underlying unity. The principles between serve as a type of how-to guide for us to balance these sometimes seemingly divergent poles of UU practice. Join us for an exploration of how to *practice* our principles in reality as a tapestry of living spirituality. –Rev. Fa Jun, Minister

We will gather virtually via Zoom for remote participation. Congregants will not be present at the Fellowship to help mitigate the spread of COVID-19.

[Zoom online/phone-in details for July 12 service](#) (PDF)

Note: Zoom details are also always available on our [website](#) and [calendar](#).

To share your joys and concerns during the online service, please send an email to joysandconcerns@uufg.org with a brief message anytime during the week and before the service begins, and our service associate will share it.

New to Zoom? Visit our Zoom [basics](#) webpage.

Children & Youth Religious Exploration (CYRE) classes for all ages will resume once we start holding services at the Fellowship again. In the meantime, continue to look for emails and Facebook posts from a UU perspective for children and caregivers.

In cooperation with area UU churches, Zoom meetings for high-school-aged youth featuring fellowship and spiritual enrichment start this Sunday, June 12, at 3 pm.

Email [Colleen Hamilton](#) for the link.

Children may visit [UUFLG Kids YouTube Channel](#) to view videos that entertain or enlighten. To post your video here, email the file or a link to [Colleen](#).

Below, read about Community the Goodwill Bear's display of interdependence and multigenerational summer reading project.



Retired UU Men

Thursdays, 1-2:30p, Zoom video/phone-in Only



Women's Group

7/9, Thursday, 10:30am-12pm, Zoom video/phone-in Only



Board of Trustees

7/9, Thursday, 7-8:15pm, Zoom video/phone-in Only



Social Action Committee

7/12, Sunday, 8:45-10am, Zoom video/phone-in Only



Great Books Discussion

7/13, Monday, 7:30-9pm, Zoom video/phone-in Only



Finance Committee

7/14, Tuesday, 10:30am-12pm, Zoom video/phone-in Only



Endowment Committee

7/19, Sunday, 12:15-1pm, Zoom video/phone-in Only



Chalice Circle

7/21, Tuesday, 10-11:30am, Zoom video/phone-in Only



Sunday Services Committee

7/21, Tuesday, 2-3pm, Zoom video/phone-in Only



Click to go to our web calendar with Zoom details for all UUFLG events.

SACRED HEART
COMMUNITY SERVICE

Learning never stops, move every student forward
PACK A BACK 2020

Together, we can ensure that 3,800 students go back to school with hope and opportunity.

Support Pack A Back 2020

sacredheartcs.org/PAB

Wraps Up THIS Sunday, July 12

UUFLG Drive for Pack A Back

Beginning August 7, **3,800** students will safely come to Sacred Heart Community Service to choose a new backpack and school supplies. The COVID-19 pandemic has hit low-income and communities of color hard. Families have lost income and have had major challenges accessing remote learning opportunities. Living in one of the most expensive regions in the country, a bulk of parents' paychecks goes to rent, which leaves little for food, clothing, and utility expenses, let alone school supplies. The **Pack A Back** Education campaign ensures students have the tools they need to succeed.

Once again, **UUFLG** will hold a drive and this year will collect supplies for children in grades 3, 4 & 5. Due to the pandemic, we have adapted our timeline and process.

The supplies **list** is as follows.

- backpack (no red/blue; patterns ok)
- 1- to 2-inch three-ring binder
- dividers (1 pkg.)
- wide-ruled filler paper (2 pkgs.)
- wide-ruled spiral notebooks (3)
- composition books (2)
- box of facial tissues ("Kleenex")
- plastic ruler
- scissors
- fine-point colored markers
- highlighters (2)
- black dry-erase markers (2) crayons
- (16+)
- #2 pencils (pack of 10)
- pencil sharpener
- erasers (2)
- glue sticks (2)
- earbuds (1 pair)

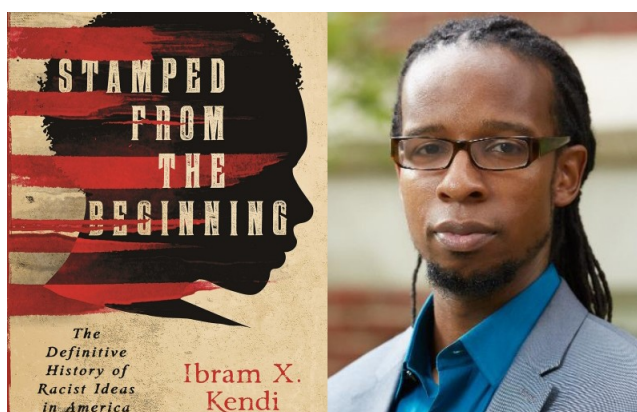
Invest in our future talent: Donate school supplies and/or contribute money. You can **drop off** school supplies at our Fellowship **THIS Sunday, July 12 from 1-4pm**. If you're unable to drop off supplies then, contact Ellen Hill at [\(408\) 371-5776](tel:4083715776) to arrange pickup.

Also on July 12, our **Shared Plate** will benefit Pack A Back. Comment PAB for online donations and write checks to UUFLG with PAB in the memo line.

On July 19 from 1-4 pm, Religious Education **students** are invited to come to the Fellowship to pack backpacks. Packing will be by family groups, with masks, gloves, and physical distance between families.

Please help! Donate funds, school supplies, or a filled backpack by July 12.

Note: Just in time for our drive, Target and Staples are running sales on school supplies.



Summer Reading

Stamped: Adult, Youth, Child Books on the History of Racism in America

At our Fourth event, we kicked off a multigenerational summer reading of age-appropriate books by renowned historian Ibram X. Kendi:

- *Stamped from the Beginning: The Definitive History of Racist Ideas in America* (for adults)
- *STAMPED: Racism, Antiracism, and You: A Remix* (for youth)
- *Antiracist Baby* (a picturebook for children)

Simply complete the [order form](#) to purchase or borrow a copy of any of these books.

Mark your calendars for another **family night** out on Saturday, **August 8, 7-8 pm** when readers of all ages will share significant passages. Come listen and learn even if you're not reading along. Remote participation options will be available.

Racial Justice Education: Examining Whiteness

[Rev. Fa Jun](#) is holding four initial sessions to cover the UUA anti-racism curriculum entitled [Examining Whiteness](#). The first session was on July 2, and the remaining are on July 5 & 12 at 12:15pm, and on July 14 at 6:30pm. Find Zoom videoconference details on our web [calendar](#), linked from our [website](#).



Community Declares Interdependence

Loan a teddy bear to help Community the Goodwill Bear display interdependence. Your bear can stay in the UUFLG window along with Community and friends while taking responsibility for their mutual well-being by wearing a mask! Arrange for pick-up by [email](#). View your bear in the window with the others online or in person. Bears will be returned at the August family night out or by arrangement.

July 19, Sunday, 10:30am, Live Video/Phone-In Only

Cults, Conspiracies, and Cognitive Dissonance

What all these three 'c' words share in common is another 'c' word – certainty. In each of these examples – cults, conspiracy theories, and cognitive dissonance – our minds can become entrenched in certain positions and lose flexibility. How do human minds get mired in fixed ways of thinking? And more importantly, how do we reverse this trend and return to the innate flexibility, creativity, and exploration that is our birthright? We'll explore these questions and more in this morning's sermon. –Rev. Fa Jun, Minister

Send announcements to comms@uufg.org by Tuesday of that week's issue.
Announcements are edited for brevity, clarity, and style.

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