



Unitarian Universalist Fellowship of Los Gatos

What's Happening

open minds, loving hearts, serving hands

October 15 - October 29

October 18, Sunday, 10:30am, Live Video/Phone-In Only

Archetype, Bias and Projection – A Path through the Dark

One of the biggest hidden realms we meet is the realm of our subconscious. Freud introduced it for the modern age. Jung and Campbell wondered at it. And more recently, researchers like Kahneman began to detail its impact on our decision-making process and perception.

This morning, we'll study the nature of our projections and most common biases, and how these lead to pesky issues like cognitive dissonance and adherence to unproven, even dangerous, ideas. This aligns with our Sixth UU Source: Humanist teachings, which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit. –Rev. Fa Jun, Minister

We will gather virtually via Zoom as congregants will not be present at the Fellowship at this time.

[Zoom online/phone-in details for October 18 service](#) (PDF)

Zoom details are also always available on our [website](#) and [calendar](#).

To share joys and concerns during the online service, please send an email to joysandconcerns@uuflg.org with a brief message anytime during the week and before the service begins. New to Zoom? Visit our Zoom [basics](#) webpage.

Children & Youth Religious Exploration (CYRE) in-person classes will resume once we hold services at the Fellowship again. Opportunities for remote participation are below.

UUFLG is collaborating with First Unitarian Church of San Jose to offer children and youth a forum for engagement with area UUs via Zoom. Elementary kids meet Sundays at 1:30 pm; middle-schoolers Mondays at 4 pm; and high-schoolers Sundays at 3 pm. Email [Colleen Hamilton](#) for links.

Children may visit [UUFLG Kids YouTube Channel](#) to view videos that entertain or enlighten. To post an original video to our channel or recommend another YouTube video to our playlist, email the file or a link to Colleen.

In a recent blog, Rev. Fa Jun shared insight about feeling happy for another's misfortune, especially when the unfortunate person has been hurtful to others. Our youth are invited to read a version of it entitled "[The Cure for Meanness](#)"

OffertoryffOptions – A PayPal transaction in the middle of service can feel less natural than putting a little something in the basket as it passes by. But our Sunday donations really are important in keeping our Fellowship financially healthy. Another option than PayPal is to setup a recurring donation of any amount through your bank's bill-paying service. For more information on that, Charlie Holst and Karen O'Brien are available to assist. Mailing checks to the Fellowship remains an option, too.



Retired UU Men

[Thursdays, 1-2:30pm, Zoom video/phone-in Only](#)



Endowment Committee

[10/18, Sunday, 12:15-1pm, Zoom video/phone-in Only](#)



Chalice Circle

[10/20, Tuesday, 10-11:30am, Zoom video/phone-in Only](#)



[Click to go to our web calendar with Zoom details for all UUFLG events.](#)



[New Webpage](#)

Local & California Ballot Resources

Check out our [online repository](#) of helpful references for local and state ballots to educate ourselves and others ahead of voting and to point folks to [UU the Vote](#) to help make positive changes this election. [Ballot Resources & UU the Vote](#).



[Save the Date: October 31, Saturday, 4-5 pm](#)

Family & Fellowship Halloween Night Out

Community the Goodwill Bear may be all dressed up with nowhere to go, but *you* can get all dressed up and go out... to UUFLG! Show o your costume or come as you are; view Community, who shelters in the window of the West Room; set a nature memento on our Dia de Los Muertos altar; make your own coin collection box for our Second Harvest drive; chalk up our sidewalk with Jack-o-Lanterns; and trick-or-treat safely on a physically distanced walk around the church. Bring a water bottle and wear a mask.



Share Your Spiritual, Cultural Holiday

Our Religious Exploration team invites you to share your holiday. One of the Six Sources that guides our UU tradition is "wisdom from the world's religions which inspires us in our ethical and spiritual life." Sharing this is most meaningful through personal connection or lived experience.

Is there a cultural or religious holiday or tradition you would like to share during a Time for All Ages at a Sunday service? The RE team would be happy to help you prepare a two-minute offering of words, images, or music to represent a holiday you feel connected to.

As we head into the fall and winter, there are many celebrations, including Asian moon festivals, Diwali, Samhain, Dia de los Muertos, Bodhi Day, Winter Solstice, Hanukkah, Christmas, and Kwanzaa. What makes one of these or another holiday special to you? Please share with our children, youth, and Fellowship! Contact [Colleen Hamilton](#) to get started.



Canceled: Saturdays, October 17, 24, 31, 3pm

Series Canceled: Empathy Skills Lab

Although Rev. Fa Jun has canceled the remaining labs, you may reach out to him individually for support at minister@uuflg.org and [\(707\) 499-9993](tel:(707)499-9993). Be well.



At September's UUFLG workday, member Ron Kirkland pauses from building a retaining wall.

October 30, Friday, 9-Noon

Next Workday at the Fellowship

Our next workday at the Fellowship will include a vegetarian chili lunch generously provided by the Fitch Family. Participation is limited so please email [Laurie Roberts](#) to join on a first come basis. Projects are spread around the grounds, which will help maintain physical distance, and include finishing a retaining wall, working on a patio in the meditation garden, finishing a railing by the entrance to the parking lot, and weeding and digging holes for planting.

October 25, Sunday, 10:30am, Live Video/Phone-In Only

Filling Each Other's Buckets

So many rituals have had to change and adapt to the circumstances of this year. So many ways we relate to each other have had to alter in small and large ways. Those of us with children won't trick-or-treat, but instead will try our best to create fun alternatives. Apart, we still need our togetherness. Let's fill our metaphorical buckets with the season's plenty. What has been tricky for you recently? What sweet treats of kindness and connection can we share in conversation? Join us for a spiritual café, with small-group breakout rooms to share from the heart. –Katie Rall, Service Lay Leader

Send announcements to comms@uuflg.org by Tuesday of that week's issue.

Announcements are edited for brevity, clarity, and style.

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