



Unitarian Universalist Fellowship of Los Gatos

What's Happening

open minds, loving hearts, serving hands

March 4 - March 18

March 7, Sunday, 10:30am, Zoom

The Four Quadrants of Activism

In a wild world like this, we need our activism to be as effective as possible. The Four Quadrants is a model developed by philosopher Ken Wilber, which helps us understand ourselves, our relationships, and the systems we all swim in together on this planet. When we optimize how we use each of these four (self, relationships, planet, and systems), we become much more powerful than when we're hyper-focused on any single one of them. This morning, we'll work with applying this philosophical model to the issues that mean the most to us – amplifying the effectiveness of our heart's compassion. –Rev. Fa Jun, Minister

As we continue to shelter in place, connection is more important than ever. Apart in body, let us gather in spirit and intention. Join us online: [Zoom online/phone-in details for March 7 service](#) (PDF) Zoom details are also always available on our [website](#) and [calendar](#). New to Zoom? Visit our Zoom [basics](#) webpage. Contact [Service Associate](#) Lynn Golbetz to plan UUFLG special announcements, etc.

To share joys and concerns during the online service, please send an email to joysandconcerns@uuflg.org with a brief message anytime during the week and before the service begins.

March 7, Sunday, 1:45pm, Zoom

Celebration of Life for Merritt Benson

Family and friends of Merritt Benson will gather for a service to celebrate his life. Merritt was a dear friend to many and a vibrant, engaged and lifelong UU and longtime UUFLG member. March 7 marks Merritt's birthday so let's celebrate the gift of his life!

Zoom access: [one-click](#) or manual and phone-in details are on our [web calendar](#).

Children & Youth Religious Exploration (CYRE) in-person classes will resume once we hold services at the Fellowship again.

In the meantime, our Fellowship is collaborating with the UU Fellowship of Sunnyvale and the First Unitarian Church



of San Jose to offer children and youth a forum to engage with area UUs via Zoom. Preschool and elementary kids meet Sundays at 11:30 am; middle-schoolers Sundays at 2 pm; and high-schoolers Sundays at 3 pm. Email [Colleen Hamilton](#) for links.

Also, stroll by our Fellowship anytime. View in the window Community the Goodwill Bear whose pronouns are they, them and their. Remember a pen to sign their "Together Apart" banner to show your part in staying apart, to keep each other safe.

Children may visit the [UUFLG Kids YouTube Channel](#) to view videos that entertain or enlighten. To post an original video to our channel or recommend another YouTube video to our playlist, email the file or a link to [Colleen](#).

Sharing a music video entitled [Little Mask](#) as a fun, catchy way to remind youngsters, elders and everyone else to stay virus vigilant, especially as variants abound.

March 4, Thursday, 6-8:30pm, Zoom

UU Principles in Practice & Newcomer Orientation

Join us for an evening discussion of our UU principles and sources. This is a wonderful time of fellowship for longterm UUs and the newly curious to gather and explore how our principles relate to our real lives. You'll get a quick overview/refresher on UU history from Rev. Fa Jun, then we'll open it up for discussion. Participants can also learn what it means to be a UUFLG member and how to become one.

Zoom access: [one-click](#) or manual and phone-in details are on our [web calendar](#).



Retired UU Men

Thursdays, 1-2:30pm, Zoom



CYRE Committee

3/7, Sunday, 5-6pm, Zoom



Great Books Discussion

3/8, Tuesday, 7-9pm, contact harryrcampbell@gmail.com for access



Finance Committee

3/9, Tuesday, 12-1pm, Zoom



Sunday Services Committee

3/9, Tuesday, 3-4pm, Zoom



Board of Trustees

3/11, Thursday, 7-8:15pm, Zoom



Social Action Committee
3/14, Sunday, 9-10am, Zoom



Chalice Circle
3/16, Tuesday, 10-11:30am, Zoom



Click for our web calendar with Zoom details of UUFLG events.



March

Happy Birthdays!

Albert James – March 4
Donna Brewer – March 6
Jim Stubstad – March 7
Zoe Thorn – March 19
Brady Williams – March 23

Fiscal Year 2021-2022

Annual Pledge Drive

To date, we've received 23 pledges, totaling \$51,400, continued progress toward our \$80,000 goal. More than half of those pledging have increased their contribution amounts from the previous year. This generosity helps offset what others are unable to give during these difficult times.

Thanks to all of you who have pledged so far! Please let us hear from you if you are in a position to financially support our spiritual community. You can mail your pledge card to the Fellowship to our treasurer Rick Roberts or email [Rick](#) your pledge amount.

Winter Survival Sack Drive

Big Success!



Ellen Hill, our stalwart Drive coordinator, reports that we were able to fill 30 backpacks (double the number we usually fill) and still have enough funds to fill at least 15 more later this month or in early April. As clients of Sacred Heart Community Service, our homeless neighbors will receive much needed essentials to help sustain them. Special thanks to Ellen for her many hours of volunteering for this Drive! And thanks to all who contributed time and money to make this Drive one of our best yet!

March 6, 13 & 27, Saturday, 3pm, Zoom

Empathy Dojo – Communication Training, Level 1

Rev. Fa Jun is launching a system of training in compassionate communication called Empathy Dojo. Why a *dojo*? Because we need to train compassion like martial artists – get it so ingrained that we can do it under *stress*. This unique training is a whole new

spin on learning compassionate communication, designed to help you *integrate* and *implement* the principles and techniques quickly and thoroughly.

[Rev. Fa Jun](#) is offering attendance to this course *free* to UUFLG members; just drop him an email to express your interest. It will be held live on Zoom and the archived recordings as well as course materials will be available to you. Non-members are welcome to register as well and can simply follow this [link](#).

March 14, Sunday, 10:30am, Zoom

Hope Springs Eternal

As the energies of Spring rise up, we also feel the stirrings of *hope* within. As the saying goes, hope springs *eternal*, but it's not always *easy* to find this eternal spring. This morning we'll explore the powerful medicine that is hope. We'll also discover how to stoke our hope even when outer circumstances make it difficult. By mastering hope, we gain a high-powered fuel to supercharge good works for ourselves, others, and world. –Rev. Fa Jun, Minister

Contact [Service Associate](#) Karen O'Brien to plan UUFLG special announcements, etc.

Send announcements to comms@uuflg.org by 7pm Tuesday of that week's issue.

Announcements are edited for brevity, clarity, and style.

Reading this on our website and want to receive future issues in email? [Sign up](#)

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