

Unitarian Universalist Fellowship of Los Gatos

What's Happening

open minds, loving hearts, serving hands

May 6 - May 20

May 9, Sunday, 10:30am, Zoom

In the Arms of the Great Mother

It can be so easy to get caught up in the hustle and bustle of our everyday lives. Not only do we find ourselves immersed in the minutia of keeping ourselves and families healthy, but we're also called from within to act on behalf of those harmed in the various tragedies we regularly witness. Underneath all this, there is the subtle hum of the interconnected web, and this can be a refuge for us. Mother Earth is working just fine. It's *us* we have to worry about. When we settle back into the arms of the Great Mother – the groundedness of Nature herself – we can come at the challenges of our lives from a novel and refreshed perspective. –Rev. Fa Jun, Minister

As we continue to keep our distance for safety, connection is more important than ever. Apart in body, let us gather in spirit and intention. Join us online: Zoom online/phone-in details for May 9 service (PDF) Zoom details are also always available on our website and calendar. New to Zoom? Visit our Zoom basics webpage. Contact Service Associate Alison Hurwitz to plan UUFLG special announcements, etc.

To share joys and concerns during the online service, please send an email to <u>joysandconcerns@uuflg.org</u> with a brief message anytime during the week and before the service begins.

Children & Youth Religious Exploration (CYRE) in-person classes will resume once we hold services at the Fellowship again.

In the meantime, our Fellowship is collaborating with the UU Fellowship of Sunnyvale and the First Unitarian Church of San Jose to offer children and youth a forum to engage with area UUs via



Zoom. Contact <u>Colleen Hamilton</u>, Director of Religious Exploration, for more information.

Children may visit the <u>UUFLG Kids YouTube Channel</u> to view videos that entertain or enlighten. To post an original video to our channel or recommend another YouTube video to our playlist, email the file or a link to <u>Colleen</u>.

Offertory Options – A PayPal transaction in the middle of a service can feel less natural than putting a little something in the basket as it passes by. But our Sunday donations really are important to keep our Fellowship financially healthy. Another option than PayPal is to setup a recurring donation of any amount through your bank's bill-paying service. For more information on that, Charlie Holst and Karen O'Brien are available to assist. Mailing checks to the Fellowship remains an option, too.



Afternoon of Service

5/8, Saturday, Drop-in 1-4pm



Retired UU Men

Thursdays, 1-2:30pm, Zoom



Social Action Committee

5/9, Sunday, 9-10am, Zoom



Great Books Discussion

5/10, Monday, 7-9pm, Zoom



Finance Committee

5/11, Tuesday, 12-1pm, Zoom



Board of Trustees

5/13, Thursday, 7-8:15pm, Zoom



Chalice Circle

5/18, Tuesday, 10-11:30am, Zoom



Click for our web calendar with Zoom details of UUFLG events.



May 8, Saturday, Drop-in 1-4pm

Afternoon of Service

Lend a hand on Saturday, May 8, anytime 1-4 pm. Families and individuals can work outdoors at project stations:

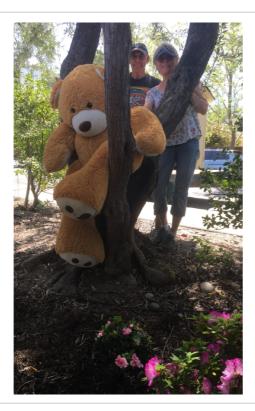
- Sorting spent crayons, markers, pens, and pencils for recycling (bring cast-offs from your home, office, or school)
- Packing personal-care items in "survival sacks" for those experiencing homelessness
- Writing letters of support for preservation of the Amah Mutsun's sacred lands at Juristac

- Making Mother's Day cards with hand-recycled paper
- Creating a display for May's International Endangered Species and UU Biodiversity days.

All work, no play? Of course not! Greet Community the Goodwill Bear through their window—and people from UUFLG and other area fellowships. Wear masks, bring a water bottle, and stop by whenever and for however long you like. Tasks are suitable for all ages; children should be accompanied by a parent or guardian. Email



Colleen Hamilton with any questions. RSVPs welcome but not required.



Azalea Gets Room to Grow

Community gifted Rick and Laurie Roberts the azalea that our Goodwill Bear was seen enjoying during flower communion last month. In recognition of Community's one year of sitting in the window of our fellowship, Rick and Laurie made them birthday cards. Community has been promoting togetherness while staying safely apart as a positive example to the children and young at heart. In true community spirit, Rick and Laurie chose to plant the azalea on the fellowship grounds, which they care for in so many ways. Ellen Hill helped plant the azalea, which now has plenty of room to grow.

May 15, Saturday, 10-11am, Blossom Hill Park

Family-Friendly Park Clean-up

Join us at Blossom Hill Park (16300 Blossom Hill Rd, Los Gatos) to pick up trash for a healthier natural environment. This activity is family friendly, and the park has play equipment. Reachers are also available on loan. Meet us at this site by 11:00 to borrow a reacher and clean up another park of your choosing.

May 16, Sunday, 10:30am, Zoom

Secure Attachment, Save Us All

Healing our attachment wounds will heal our world. Attachment theory is becoming more and more known. Put simply, secure attachment comes from a child feeling felt – having the sense that their guardians are sensing them and prioritizing their thriving. When we don't get this strong foundation of secure attachment early on, life is more difficult later, and that makes it difficult to be someone who helps create a good world. Fortunately, we can work to heal attachment wounds at *any* age. This morning, we'll look at the basics of how we can start to heal our own minds and hearts while we make this process easier for those around us. –Rev. Fa Jun, Minister

Send announcements to comms@uuflg.org by 7 pm Tuesday of that week's issue.

Announcements are edited for brevity, clarity, and style.

Reading this on our website and want to receive future issues in email? Sign up

<u>donate</u>

Unitarian Universalist Fellowship of Los Gatos

15980 Blossom Hill Rd., Los Gatos 95032