



Unitarian Universalist Fellowship of Los Gatos

What's Happening

open minds, loving hearts, serving hands

July 29 - August 12

In case you've missed the news: *Sunday services are being held at the sanctuary again!*

Please join us in person to reconnect with our community. To protect our most vulnerable congregants, our reopening [guidelines](#) require wearing masks indoors, but our outdoor social hour is mask-optional. We will also continue to stream the services via Zoom to attend remotely. Either way, we are excited to see everyone and catch up on all those conversations we've missed for the past year plus. –UUFLG Board of Trustees

August 1, Sunday, 10:30am, In-person & Zoom

How to Fight Fire with Water

Using water to fight fire seems pretty intuitive but is a principle we often forget when it comes to difference or conflict. Taking a lesson from Daoist philosophy and martial arts practice, we'll explore a path through conflict inspired by the softest of the elements. We'll study the secrets of Daoist alchemy – using profound methods to take diverse elements and bring them to union on a higher level. In this advanced alchemy, we'll go beyond "fighting" entirely and become capable of using the elemental energies arising in any moment by harmonizing with them. –Rev. Fa Jun, Minister

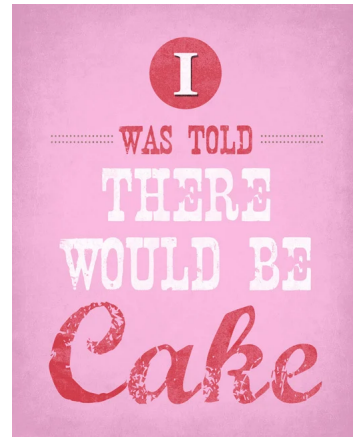
[Guidelines](#) for attending the service in person are online and posted throughout the building. To join us remotely: [Zoom online/phone-in details for August 1 service](#) (PDF) Zoom details are also on our [website](#) and [calendar](#).

To share joys and concerns, please send an email to joysandconcerns@uuflg.org with a brief message anytime during the week and before the service begins. You may also share live during the service.

Children & Youth Religious Exploration (CYRE) – Since children under 12 are not yet eligible for the Covid-19 vaccine, in-person RE catering to children 11 and under is held by the garden. Sign-in is at the picnic table before the service. Youth ages 12 and up are welcome to join us outdoors or participate with the adults indoors. Watch for details about special guests from [Chlorofil](#) (a micro-sanctuary for farm animals) visiting us August 22, in-person and online all ages game nights, and expanded programming for youth this fall. Contact Director of RE [Colleen Hamilton](#) for more information.

Children may visit the [UUFLG Kids YouTube Channel](#) to view videos that entertain or enlighten. To post an original video to our channel or recommend another YouTube video to our playlist, email the file or a link to [Colleen](#).

August 1 will be the last Sunday here for our beloved Hurwitz-Holst family, who are moving to pursue further adventures in North Carolina. Be sure to come to a special social hour following the service to send them off in style!



Retired UU Men

Thursdays, 1-2:30pm, email harryrcampbell@gmail.com to check if the upcoming meeting is in-person or Zoom



CYRE Committee

8/1, Sunday, 5-6pm, Zoom



Chalice Circle

8/3, Tuesday, 10:30-12pm, in-person & Zoom with bag lunch afterward



Social Action Committee

8/8, Sunday, 9-10am, Zoom



Great Books Discussion

8/9, Monday, 7-9pm, Zoom



Finance Committee

8/10, Tuesday, 10:30am-12pm, Zoom



Board of Trustees

8/12, Thursday, 7-8:15pm, Zoom



Click for our web calendar with Zoom details of UUFLG events.

[Helping Kids Come Back Stronger!](#)

Successful Pack-A-Back Drive!

The media often tells us that these are extraordinary times, and UUFLG congregants have again shown extraordinary generosity to families in need by donating funds and supplies to provide 21 middle-school students with new backpacks and full bags of grade-appropriate supplies. Thanks to all who contributed, and special thanks to the RE students and their teen and adult helpers who packed the supply bags on July 25. We delivered them to Sacred Heart Community Service on July 26. (For those

wondering why we no longer put the supplies directly in the backpacks, SHCS has found it's easier to have the over 3,500 students receiving backpacks first choose a backpack then pick up a grade-appropriate supply bag.) Thanks again for helping make this possible! –Social Action & CYRE Committees

Thursdays, 1 pm

Retired UU Men's (RUUMs) Group

Retired men (both UUFLG members and friends) get together to discuss a wide variety of topics: a recent trip, politics, issues, favorite jokes, etc. There is no program and there is no leader. We currently meet every Thursday at 1 pm, eventually returning to the old schedule of the first and third Thursdays of the month. Contact [Harry Campbell](#) to find out if we are meeting at the Fellowship or via Zoom.

Got Change?

Stay in the Loop: Send Us Your Contact Updates

This is just a quick reminder to please send any of your contact changes (email, mailing address, phone numbers) to admin@uuflg.org to keep receiving Fellowship announcements and more. Let's stay connected!

August 8, Sunday, 10:30am, In-person & Zoom

Cultivating Crops, Connections, and Community

Join us this Sunday to learn about [Veggielution](#), a non-profit farm that welcomes local residents through programs that encourage experiential, intergenerational learning and deep connection. Through its three key program platforms – community engagement, environmental education, and food sovereignty – Veggielution aims to help our East San José neighbors experience a richness of community life and health that combats social isolation and provides the support needed to take positive action in their community. Veggielution is part of the Sí Se Puede Collective, a group of five community-based organizations in the Mayfair District of East San José.

Our guest speaker Emily Schwing is Veggielution's public affairs director, coordinating the farm's overall communication strategy across a variety of media platforms. She has held various roles for the organization since 2014, after earning her M.A. in Communication Studies at San José State University with a focus on Environmental Communication. Emily came to the Bay Area by way of the University of South Alabama, where she earned a B.S. in Meteorology.

Contact [Service Associate](#) Katie Rall to plan UUFLG special announcements, etc.

Send announcements to comms@uuflg.org by 7 pm Tuesday of that week's issue.

Announcements are edited for brevity, clarity, and style.

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