



Unitarian Universalist Fellowship of Los Gatos

# What's Happening

*open minds, loving hearts, serving hands*

January 13 - January 27

Effective January 11, 2022

## Online Services Only for January Remaining

Due to very high transmission of Covid in Santa Clara County, we made the difficult decision to close the Fellowship building to gatherings for the rest of January. **We will hold Sunday Services via Zoom in January.** The hope is that this surge subsides in February and ways to safely manage the Omicron variant emerge to resume in-person gatherings. As with all pandemic plans, this is subject to change. Thank you for your continued patience and flexibility. Stay safe and healthy! –UUFLG Board, Sunday Services Committee & Covid Task Force

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January 16, Sunday, 11am-12pm, Zoom

## How to Not Appropriately Dr. King

The Rev. Dr. Martin Luther King was prolific, and many of his words speak directly to the heart of universal human struggles and common values. It may be tempting to use his words to argue for whatever point of view *\*we\** wish to put forward, such as when his calls for nonviolence are used as a way for light-skinned folks to "tone-police" people of color. Today we'll study the words and contexts of Dr. King's ideas and allow them to help us cultivate true kindness and understanding while divesting ourselves from the mistake of coopting them for divisive purposes. –Rev. Fa Jun, Minister

To join us remotely: Zoom online/phone-in [details](#) (PDF) or [direct link](#). Zoom details are also on our [website](#) and [calendar](#). Contact Service Associate Karen O'Brien to plan UUFLG special announcements, etc.

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Much gratitude for those who help make Sunday Service a special time!

Our invaluable volunteers this Sunday include service associate [Karen O'Brien](#) and Zoom host [Mark Ditzler](#). Our talented staff\* includes pianist and singer [Dave Coldren](#) and religious exploration director [Colleen Hamilton](#).

\*Financial support of UUFLG makes possible their paid positions. Thank you!

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To share joys and concerns, please send an email to [joysandconcerns@uufllg.org](mailto:joysandconcerns@uufllg.org) with a message anytime during the week and before the service. You may also share live during the service.

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**Children & Youth Religious Exploration (CYRE)** – During online Sunday services, there is no in-person programming for children. Enjoy child-friendly features during the

online services as well as related content on the [UUFLG Kids YouTube Channel](#).  
Contact DRE [Colleen Hamilton](#) for more information.

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#### Retired UU Men

Thursdays, 1-2:30pm, check with Harry Campbell if the upcoming meeting is in-person or via Zoom



#### Board of Trustees

1/13, Thursday, 7-8:15pm, Zoom



#### Meditation Class/Practice

1/16, Sunday, 12:30-1pm, Zoom



#### Chalice Circle

1/18, Tuesday, 10-11:30am, Zoom



Click for our web calendar with Zoom details of UUFLG events.

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[New Date TBA](#)

### Postponed: Celebration of Life for Ellen Hill

During this Covid surge with the uncertainty of the Omicron variant, UUFLG leadership has closed our Fellowship building for gatherings. As a result, we will postpone Ellen Hill's celebration of life service. Everyone involved is clearly disappointed about the delay, but we know that Ellen would want us to do this in person when it's safe. Hopefully at the start of February, we will communicate a new plan to celebrate and honor Ellen's exceptional life.



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[January 16, Sunday, 12:30-1pm, Zoom](#)

### Buddhist Meditation

Join Rev. Fa Jun for meditation class at 12:30. This short weekly class is focused on *practice* and includes brief instruction at the beginning and a brief check-in at the end. Open to all levels of experience from beginner to adept!

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[January 23, Sunday, 11am-12pm, Zoom](#)

### How to Let Go and Start Afresh

New beginnings can be difficult, but with a few key insights, we can rise to the challenge. Among those we'll explore how to cultivate forgiveness and let go of the past and how to stay optimistic and motivated in troubled times like these. We'll explore evidence-based practices to empower ourselves and to invoke a new vision of change for the coming year. –Rev. Fa Jun, Minister

Send announcements to [comms@uuflg.org](mailto:comms@uuflg.org) by 7 pm Tuesday for that week's issue.

Announcements are edited for brevity, clarity, and style.

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