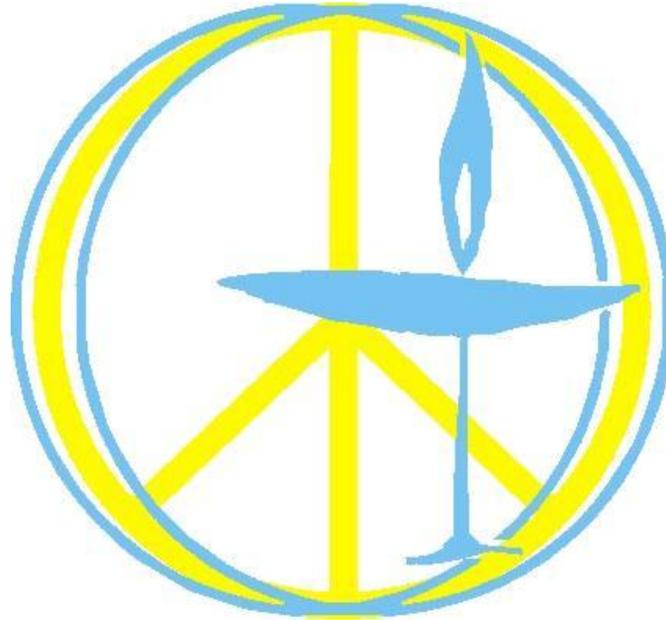


UUFLG Newsletter March 2022



Life sure feels like a lot right now, doesn't it? UUFLG is once again hosting in-person services, as the risk level in our local community has dropped, but many of us are still being very cautious as the global pandemic changes and evolves.

As I write, it seems like Black History Month came and went in a heartbeat, not getting as much attention as it deserves amidst the cacophony of world events.

Our hearts go out to the people of Ukraine, and many of us wonder how we can help. All the while, we see these latest threats to democracy as symptoms of a trend we've been noticing for the last many years, at home and abroad.

Amidst it all, we can be grateful that we share a community centered around insight, support of one another, and the values expressed through our UU principles. We are grateful for all the ways you contribute to the community we create together - whether it's by showing up and sharing sacred space together, volunteering, financial contributions, or even just occasionally reaching out. We strive to be a powerful source of engagement and compassion in our world.

Know too that UUFLG is a resource for you, through our Sunday services, caring community members, minister's pastoral care availability, and more, we aim to have your back in these times of complexity! Drop a line if you have a need or suggestion.



March Services

In March, to align with the emerging life-force of the Spring season, we center our services around the theme of 'Rise Up!'. This month we'll hear from our own Mark Ditzler, and a guest speaker from the local group Village Harvest. Rev. Fa Jun will offer a sermon on resentment, forgiveness, and justice, and another on upgrading our peaceful protest tactics in the new era. Our services are back to hybrid format - both in-person and online. Please wear a mask for in-person events and watch for updates from our Covid response task-force.

Mar 6 'From Resentment to Resilience' - Rev. Fa Jun

Mar 13 'People Powered Protest' - Rev. Fa Jun

Mar 19 Craig Diserens speaks from Village Harvest

Mar 17 Mark Ditzler will speak on the Power of Science

Creating Community Together Matters!



Upcoming Events

Monthly Meditation Class Sundays 3/6 and 3/12 12:30-1pm

We'll meditate together in the sanctuary on the Sunday's Rev. Fa Jun is preaching. This month we'll continue to explore the "progressive relaxation" style of guided meditation we've been learning. Beginners not only welcome, but *encouraged* to attend. Hybrid, in-person and online!

Building and Grounds Work Day 3/27 9am-12pm

Join us for our monthly day of togetherness around the purpose of beautifying and sustaining our Fellowship. If we are to serve our community, we need a functional space in which to do so, and your efforts help to keep us flourishing!



Children and Youth Religious Exploration

Children and adults involved in Religious Exploration and on the Social Action Committee are preparing a spring service project to engage the entire congregation. We are working with Family Supportive Housing of San Jose to help them kit out their teen residents for summer camp. Watch for details about how you can contribute to this cause in What's Happening and during services in March.

What are those flourishing plants in the Harvest for Neighbors Garden beds? That's a bountiful winter cover crop of fava beans that's fixing nitrogen in our soil. Good soil will mean more produce to donate to Plant-based Advocates' monthly lunch provision in a local unhoused people's encampment. Those beds may be inside a children's gathering space--they love tending the plants on Sunday mornings!--but this garden is an all-congregation service opportunity. We will be planning our summer crops soon. Come meet the Santa Clara county master gardener assigned to our project. Help prepare that newly enriched soil. Sign up to water the seedlings. Specific days and times will be announced through the UUFLG Discussion email-distribution list in coming weeks and months. Stay tuned.

If you are curious about getting involved at the administrative level in these and other RE endeavors, consider joining our committee meeting on Sunday, March 6, 5:00 to 6:00, on Zoom. Email hamiltoncolleen10@gmail.com for further information.

Board Updates

Our Board of Directors met on Thursday, Feb 10th. Meetings are open to members and listed on our activities calendar. Here is a summary of that meeting for your review!
<https://docs.google.com/document/d/1QqqKJUu1l0ZJiyYPRpMyoXq0eWRnk9rR/edit?usp=sharing&oid=104490977909020231240&rtpof=true&sd=true>

Happy Spring, and we look forward to seeing you soon!